

# Burngreave Messenger



Issue 112 • June 2014 • Free to everyone in Burngreave

[www.burngreavemessenger.org](http://www.burngreavemessenger.org)

*Voice of the Burngreave Community*

## Residents raise money for the Library



Story: Lisa Swift

**Local residents have been working hard to raise money for Burngreave Library, to help keep it open and staffed.**

Parents at Byron Wood, alongside volunteers and staff at Pitsmoor Adventure Playground, held a Fun Day at the playground in April, raising £150. There were stalls, face-painting, cakes for sale, biscuit decorating, a bouncy castle, mud kitchen and egg and spoon races.

Smaira Sadique from Byron Wood School said, "I'm really proud of parents at Byron Wood for working so hard on the day, everyone had a great time. Parents in school are continuing to fundraise for the library, because they know how vital it is for local children."

St Peter's Ellesmere Scouts and Burngreave TARA spent all day bag packing at Tesco in May raising over



£400. Margaret Williams from Burngreave TARA said, "The Scouts were amazing and we were supported by local Councillor Jackie Drayton. It's a lot of hard work raising money for the library, but we know it is important for the whole area to keep the library open."

Other contributors to the library fund are the Yemeni Community Association and Fir Vale Pre-School. All the local schools are also busy raising money. There have been donations from John Heath and Sons, Sheffield Wednesday and Michael Palin, who sent a signed book to auction.

The effort is being co-ordinated by the Save Burngreave Library Group, supported by Burngreave Tenants and Residents Association and the Burngreave Messenger. The group is in discussion with the Council about keeping the library open after September. Group member Marcia Layne said,

*"It's got to be a professional service so that it can support children and local*



*residents. Burngreave Library is going to be part funded by the Council, and we hope they will support us to keep library staff at Burngreave."*

If you would like to support the group, with a donation or with fundraising, contact the Messenger on 242 0564, [mail@burngreavemessenger.org](mailto:mail@burngreavemessenger.org) or visit [burngreavelibrary.wordpress.com](http://burngreavelibrary.wordpress.com)



**Burngreave Library at Sorby House**

**Monday:** 10am -12.30pm & 1.30 - 6pm

**Wednesday & Friday** 10am - 12.30pm & 1.30 - 5pm

**Saturday** 10am - 3pm

Closed Tuesday, Thursday & Sunday

**Burngreave International Markets**  
Celebrate the launch of the newly refurbished Ellesmere Green

Music • Food • Fashion • Art  
Entertainment • Children's activities  
**Sunday 22nd June 11am - 5pm**  
Car Boot Sale 7am - 11am  
Earn global, spend local. Support Burngreave business

To book stalls or volunteer contact: [burngreavemarket@gmail.com](mailto:burngreavemarket@gmail.com)

Photos: Yiven Zheng

**Abbeyfield Park Multicultural Festival**  
**The BIG Weekender 2014**  
**Saturday 5th July 1pm - 7pm**  
**AND Sunday 6th July 10am - 6pm**

music, stalls, food, large screen, culture corner with Sama Roots, art commissions, children's activities, sport, dance, rides and more!

Welcoming the Tour de France

Official Tour de France spectator hub

For stall and stage bookings, or to volunteer on the day contact: [tdfabbeyfield@gmail.com](mailto:tdfabbeyfield@gmail.com)

Photo: Anwar Suliman

# Appetiser Afternoons

*Have you ever wanted to find out about ways of taking care of yourself and being healthier?*

*Do you need some help in getting started?*



The Primary Mental Health Care Project at Pitsmoor Surgery is starting a small group providing information sessions on Looking After Yourself.

Aimed at those of us who find being healthy hard work, these get togethers will be exploring ways we can start to have healthier lifestyles in a friendly, encouraging and interactive way.

Meet new people and gain helpful information on topics like exercise, healthy eating, diabetes, smoking, alcohol and drugs.

### Interested?

Please call Patsy or Katie on **0114 276 2644** for more information.

**Starting on Monday 9th June, at 1pm until 3pm.**

*The group is free but places are limited so please contact us in advance.*



## Burngreave Cemetery Chapel

### Tour de France day Sunday 6th July

**Lots of things happening from 11am onwards:**

- Well dressing launch at 12 noon  
*(help dress the well from 2pm on Fri 4th & Sat 5th July)*
- Doctor bike workshop and decorated bike parade
- Bike races
- Kung Fu demonstration by Graham Abdullah's group
- Shared picnic, live music and lawn games
- Giant art work on the grass
- Decorating the Tour de France race route with bunting and willow models (workshops every Wed 4 - 6pm at the Adventure Playground until 2nd July)

*Medals awarded for all participants!*

**Do you want to get involved with any of the above?**

**Contact Saleema on 07950 299 073**

**saleema.imam141@googlemail.com**

**www.friendsofburngreavecemetery.btck.co.uk**

## Do you want to grow your own food?



**Come along to our Community Allotment  
Just off Windmill Lane  
Every Wednesday 10am start**

- **Make new friends**
- **Get some exercise in the fresh air**
- **Learn how to grow healthy fruit & veg**
- **Get involved in your local community**

**Everybody welcome!**

**We provide Hot Drinks, Gloves,  
all Tools & Equipment, Travel Expenses  
and plenty of help and support**

**For more information contact Sarah Emberson  
0114 290 1255 / 07740 899 583  
s.emberson@tcv.org.uk**



### History book launch

The Friends of Burngreave Cemetery invite you to a display and the launch of a new book about the history of the area in, around and under the cemetery.

**Saturday 21st June, 11.30am - 2.30pm  
at Vestry Hall**

All welcome

*Funded by a Heritage Lottery, 'All Our Stories' grant and supported by the University of Sheffield Community Heritage Department and Sheffield City Council.*

### Jigsaw

Meet for Crafts, stories and cake at **St Peter's Church, Lyons Close, Ellesmere.**

**4.30pm to 5.30pm  
on the following Mondays:**

**2nd June, 16th June,  
30th June and 14th July.**

Please phone or text Nel for more details:

**07809 320 986**



St Peter's Church Story Den



**All ages are welcome.  
Small children must be accompanied by an adult.**

# Khat ban begins 24th June 2014

Story: Rohan Francis

**Police representatives attended a government briefing at the Home Office in May to hear the latest on the date for banning the stimulant herb, Khat, which is now likely to come into force on Tuesday 24th June.**

At the time of going to press, the Khat ban is awaiting final approval by the Privy Council at a meeting on 27th May. Assuming their approval is given, Khat will become a Class C classified drug under the Misuse of Drugs Act.

## Elections

In local elections, Councillor Talib Hussain was re-elected for the Burngreave ward with 34% of registered voters going to the ballot box. UKIP came second for the first time, with TUSC (Trade Unionists and Socialists Against Cuts) candidate Maxine Bowler in third.

### Burngreave Results 2014

- Talib Hussain (Labour) 3193
- Shane Harper (UKIP) 894
- Maxine Bowler (TUSC) 443
- Chris Sissons (Green) 327
- Russell Cutts (Conservative) 198
- Barrie Jervis (Lib Dem) 149
- Anwar Ahmed Dirir 65



**Scouts help set up polling booths at the Cornerstone Building**

Electorate: 15,644  
Turn out: 33.8%

In European elections, Yorkshire elected 3 UKIP, 2 Labour and 1 Conservative MEP.

## Concessionary travel cuts U-turn

Story: Graham Jones

**As reported in the last issue, thousands of older and disabled people were affected by restrictions to concessionary bus and train travel. These are to be lifted from 8th June.**

The new Sheffield City Region Combined Authority approved a new scheme on 19th May. Disabled passholders will get back exactly the same travel concessions as before - free bus, train and tram travel at any time of day.

People entitled to an older person's concessionary pass will be able to travel on South Yorkshire trains at half fare between 9.30am and 11pm Monday to Friday and all day at weekends.

The change comes after two disabled clients of Sheffield Law Centre took a brave stand and issued judicial review proceedings against the decision to cut concessionary travel in February. Documents lodged in the High Court showed the Transport Authority had not considered the impact on disabled people

adequately. This meant it had failed to comply with legal duties in the Equality Act 2010.

The Authority denied the claim but it has now been settled without a contested hearing.

One of the clients, Michelle Turner, said:

*"I am extremely pleased at the outcome, for all the disabled people across South Yorkshire. It is really good to see the Authority reconsidering the needs of disabled people."*

*"Disabled people face a lot of barriers with access to transport and services. The concession enables mobility, tackles social isolation, supports access to training, employment, volunteering and caring, and enables independent living."*

Every £1 spent on concessionary travel generates £1.50 for the economy.

In addition to the legal challenge, the transport authority has faced weekly protest action by the Barnsley Retirees Action Group and "Freedom Riders" from Sheffield, Barnsley and Doncaster. Up to 150 concessionary passholders refused to pay train fares in protest. Campaigners are continuing to seek free train travel and free bus travel from 9.00am for pensioners.



### A big summer ahead

Now that summer is here, it is time to get out and about to all the festivals and events in the area.

Coupled with the Tour de France, is the Abbeyfield big weekender - or something quieter at the Burngreave Cemetery Chapel in July. Before then, in June, there are the festivals at Firth Park and Parkwood Academy, as well as the International Market to celebrate the re-opening of Ellesmere Green. Find more details about these events in this issue on pages 1, 2 and 9.

Keep checking the Burngreave Messenger website for up-to-date news. You can also sign up to e-mail alerts about events as they are added or find us on Twitter (@TheBMessenger).

[www.burngreavemessenger.org/events](http://www.burngreavemessenger.org/events)

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# Sheffield supports Somaliland

Story: Sharmaake Ahmed Ismail

**On Wednesday 2nd April, the Somaliland community of Sheffield gathered outside the Town Hall. Inside at the Full Council meeting councillors highlighted that Somaliland deserves world recognition and voted to support the campaign to have Somaliland recognised as a sovereign state.**

Many Burngreave residents took part in the celebrations. This was a great achievement for Somalilanders around the world but even more so for those living in Sheffield. This has proved the importance that the Somaliland community play in engaging with the larger community of Sheffield. This engagement produced close relations with prominent politicians and councillors.

Local politicians, MPs and councillors have recognised the contribution the Somaliland community have played over the years both economically and politically. We are proud to have the



Somaliland Foreign Minister travel many miles to be part of this achievement. We are very pleased that he witnessed the promise of the MPs' to forward the case of Somaliland recognition to the Houses of Parliament and the European Parliament.

What is more important is that we have succeeded to have local pressure groups that stand to fight for the right of Somaliland's recognition and inspire other Somalilanders around the world to

do the same. Indeed Sheffield is a city to be proud of. Sheffield had previously supported many cases such as Kashmir, Nelson Mandela and anti-apartheid. Sheffield does not only debate on local issues but also international issues. I am proud to say I live in Sheffield and I am sure many people feel the same.

Burngreave resident, Mohamed Issa, who was one of the campaigners for Somaliland's recognition said: "I am very happy today, Sheffield is my town and I would like to say a big thank you to Cllr Mohamed Maroof and my local councillors Cllr Jackie Drayton, Cllr Ibrar Hussain and Cllr Talib Hussain. I would also like to send special thanks to the Lord Mayor Cllr Vickie Priestley and the leader of the council Cllr Julie Dore for their support of the motion."

# Positive future for Roma church



Story: Lisa Swift | Photos: Rohan Francis

**A vibrant church, set up by the Roma community in Firth Park, has been celebrating the arrival of their new Pastor. Local residents have been running the church without a spiritual leader for over 3 years, they hope that the arrival of Pastor Pavol Sandor from Slovakia will mean the church will be able to grow and develop.**

Local worker Miroslav Sandor, from the Pakistan Advice and Community Association, invited the Messenger to the church. He sees it as a positive place for local residents to get help and support, "People have been very negative about Roma, but we want to be positive and help our community. We are collecting money each week to develop the church and PACA has also helped by buying chairs and equipment."



The church at Brushes Community centre was full of families, who were all eager to welcome us. The atmosphere was joyful, with music played by amazing musicians. The pastor led a service full of messages about love for other people, forgiveness and generosity.

Pastor Sandor spoke to the Messenger about his hopes for the future:

*"We have a church in Slovakia, but we wanted to help people here, to help people integrate. People in Slovakia don't have opportunities like they do in this country, I believe God will give us a good future here.*

*"People have come here so their children can have a better life. People shouldn't say the Roma community is no good, we are going to integrate. We have education and we have culture. Sheffield is going to change, whether you are black or white, it is God who gave you this colour, what is important is that we love each other."*



# Firshill residents remembered

Story: Lisa Swift



**In December, Firshill residents reported to the Messenger that a tree had been stolen. The tree was significant to local people as it had been bought and planted by active community member Julia Pidd, who had only recently died. This was very upsetting for local residents and Julia's family.**

The Messenger contacted the local Councillors and Sheffield



Council Housing Service and received an amazing response, with offers of contributions towards a new tree from councillors, the Housing Service, Parks and Countryside team and Firshill Tenants' and Residents' Association, who also wanted to plant a tree in memory of Jean Hayden, former chair of Firshill TARA.

In April, Julia's friends and family and members of Firshill TARA gathered to plant the trees. Everyone hopes they will last for decades to come, to mark the contributions of local residents to their community.

# Ellesmere Green is finished

Story & photos: Yiwen Zheng

**In early May, the construction of Ellesmere Green was finished and people began to enjoy the green straight away.**



Lucia Lorente-Arnau, Sheffield City Council's development officer, explained that it had cost half a million pounds to improve Ellesmere Green. The Council will fund the maintenance for 25 years.

At the entrance, a new noticeboard is kept up-to-date by Burngreave Tenants' and Residents' Association. Inside the park, there are new wooden benches, new paths, colourful flowers, 4 bins, tidy grassland and metal and mosaic decorations made by local children. Around the park two bus stops have been renewed and pavements installed as well as new parking bays on Ellesmere Road.

Local resident Leanne said, "Ellesmere Green is totally different from last year. Now I feel comfortable sitting here to wait for the bus. Everything is fantastic but I hope there will be more benches."



Muna said, "We often come here because it is safer now. This is a great investment and people are more welcoming!"

Another resident said, "I just left Pure Gym to rest here. I like it but I hope other residents can protect it and use the litter bins for their rubbish."

Ellesmere Green will be cleaned by the Council every day during the week, but they are looking for volunteers at the weekends. Lucia said, "It would also be very helpful if people throw their rubbish in the bin."

There are many pigeons on the grass, and people continue to feed them despite the new signs. Lucia said, "Leaving food outside attracts vermin such as rats and mice. Some people like to feed the pigeons because they think pigeons will die if they don't help. Actually pigeons will find their own food naturally and, if their food supply is reduced, they will just breed less and the flocks will become smaller."

On 22nd June there will be an opening ceremony for Ellesmere Green. There will be an International Street Market 11am - 5pm. Earlier there will be a car boot sale near the Vestry Hall. To book stalls or volunteer on 22nd June, contact burngreavemarket@gmail.com

**Love where you live  
Help keep  
Ellesmere Green and  
Spital Hill  
clean and tidy**



Now that the works to improve Ellesmere Green have been completed, we want to make sure that it stays clean and tidy.



The council provide services to keep the area clean throughout the week but resources are limited at the weekend.

We are looking for volunteers to help litter pick on Ellesmere Green and the planters outside Sorby House at some time during the weekends. It would be nice to keep the Green looking as clean as possible on Saturdays and Sundays, when a lot of people will visit the area.

We only expect this to take 15 minutes and if there is a group of volunteers on a rota, you will only have to do it once every few weeks. We will provide some training and equipment.

**If you are interested, please call  
Margaret Williams on  
07930 875 153**

## Vicar walks coast to coast



Story: John Mellor

**Philip Ireson, Vicar at Christ Church Pitsmoor recently walked the coast-to-coast challenge from Robin Hood's Bay on the east coast to St Bees Head in Cumbria, travelling through three National Parks - the North Yorkshire Moors, Yorkshire Dales and the Lake District.**

He was sponsored in aid of Cancer Research UK and Christ Church Pitsmoor.

To mark the centenary of the Diocese of Sheffield, Philip will also be doing walks between local landmarks in early June.

**If anyone would like to join Philip for all or part of these walks, please contact him on 07882 027 473.**



## New allotment flag

Story: Lisa Swift | Photos: Dean Hill

**Grimesthorpe Allotment Society have had a new flag designed.**



Local resident Kimmy Hall, aged 8, won a competition last year to design the flag, and one of the allotment holders sewed the design into the flag, which now flies outside the allotment shop.

The Allotment Society are keeping the old flag in the shop on display. The allotment shop has also been revamped and is now open **Thursday, 10am-1pm, and Saturday, 10am-1pm.** Anyone can join for a £2 membership fee.

## Family Fun Day



Story: Muneebah Waheed  
Photo: Saalik Education

**The sun dappled across Firth Park on 3rd May as women and children of all ages flocked to the Clock Tower to support Saalik Education in their Family Fun Day. Saalik Education, a community organisation based in Norbury Hall, hosted the event to raise funds.**

There was an impressive turnout, with many people turning up to join in the fun. Face painting, games, plenty of cake and various colourful stalls were dotted around the Clock Tower, with the bouncy castle always in good use. The Fun Day had something for everyone, with stalls holding a wide spectrum of activities ranging from beauty treatments and mehndi, to stalls selling a vast range of sweets that kept everyone cheerful all day long.

All in all, the Family Fun Day was a fantastic event that promoted community cohesion where people could relax and enjoy some fun.

## Pete and Donna raise £1000

Story & photo: Susan Ditton

**Pete and Donna Lloyd, from the Wensley estate, have raised £1000 for a girl called Kendal Middleton Jessop. She has neuroblastoma, an aggressive form of cancer with a 40 per cent survival rate.**

Pete completed a 31 mile sponsored walk from Hillsborough, Sheffield, to Leeds.

They also arranged a raffle, canvassing local businesses and their housing association for prizes.



## Paul's trip to Slovakia



Paul Howard of Parkwood Academy is "reliving his youth" as he drives a £400 Volkswagen Golf 2500 miles to Slovakia to raise money for St Luke's Hospice. Donate at [www.justgiving.com/tykebikers](http://www.justgiving.com/tykebikers)

# Normandy veterans return after 70 years

Story: John Mellor

The 6th June 1944 marked 'the beginning of the end' of the Second World War when the full weight of the Allied armies, navies and air forces attacked German forces in Europe in what was codenamed "Operation Overlord".

This involved a massive embarkation of 130,000 troops from the south coast of England across the English Channel to the beaches of Normandy in northern France.

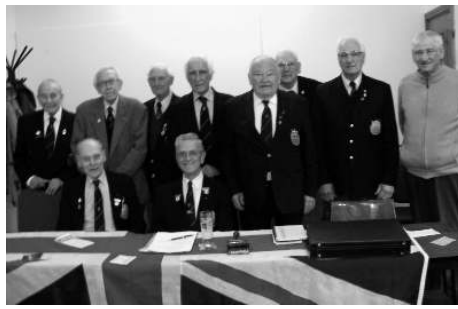
Local Burngreave resident, Ken Riley, is the chairman of the Sheffield Normandy Veterans Association which is organising a return trip, in rather more peaceful conditions, to the beaches where they landed 70 years ago. It is planned for a coachload of veterans, with families and supporters, to travel to France at the beginning of June for what will probably be the last major commemoration of this historic event.

Veterans of the Normandy landings still have vivid memories of their experiences. Douglas Parker, at the age of 19 with the East Yorkshire Regiment, was among the first infantry group to land on Sword beach. Their orders were to make the beach safe 'irrespective of casualties.' He still has a copy of the message which General Montgomery gave to the troops before they left England, in which he said:

*"The time has come to deal the enemy a terrific blow in Western Europe. The blow will be struck by the combined sea, land and air forces of the Allies - together constituting one great allied team under the supreme command of General Eisenhower.*

*"On the eve of this great adventure I send my best wishes to every soldier in the Allied team. To us is given the task of striking a blow for freedom which will live in history and, in the brighter days that lie ahead, men will speak with pride of our doings. We have a great and righteous cause. Let us pray that 'the Lord mighty in battle' will go forth with our armies and that His special providence will aid us in the struggle."*

When Douglas landed on the beach, he recalls seeing machine gun bullets hitting the sand in front of him. "I threw myself down behind an obstacle but fortunately the bullets were spraying to the left and right of me. As I ran up the beach I saw a



wounded comrade who said, 'Help me, Doug.' He was in a bad way. I dragged him up the beach and laid him behind a small wall on the promenade and called to the medics to attend to him. His name was Corporal Wilkinson and sadly he died. He is buried in Hermanville Cemetery with other East Yorks comrades who were killed in the landing. I have visited this cemetery many times. We fought our way off the beach, moving forward all day until late at night. The struggle across the beach, the noise and the casualties were indescribable and something I will never forget. It was the longest day of my life".

Other veterans arrived on the Normandy beaches, at a later stage in the invasion. Gordon Drabble, secretary of the Sheffield NVA and the brother-in-law of Rev Don Sparkes, a former vicar of Christ Church, Pitsmoor, was part of a decoy group waiting in Dover with the aim of misleading the Germans that the landings were going to be near Calais - a tactic that worked. Gordon remembers:

*"The original date set for D-Day was 5th June but storms in the English Channel forced a postponement to the following day - even then there was a lot of sea sickness among the troops. A few days later we landed on Gold Beach and concentrated on the Caen area which should have fallen on D-Day but was so heavily defended that it didn't fall until 7th July. For most of us 18/19-year-olds, this was our first experience of battle; no amount of training can prepare someone of that age for the horrors of the battlefield. On one day we lost three sergeants, one of whom was standing next to me. I remember thinking 'there but for the grace of God...' When you think of the high casualty rate (more than 200,000 killed or wounded over a two-month period) anyone who is alive today is very lucky. This is why I'm returning for the 70th anniversary - to remember those we left behind. You never forget them."*

The Messenger local history group is involved in a project to record the battlefield experiences of as many local veterans as possible. If anyone reading this is a war veteran or knows of anyone among their family or friends who is, please get in touch with the Messenger.

# Margaret Dufty of the ATS

Story: Elizabeth & Gordon Shaw

Margaret Dufty joined the Auxillary Territorial Service in 1941 at the age of 18 - she was working as a barmaid in Blackpool at the time - rather than taking the alternative option of working in a munitions factory.



After three weeks training in Lancaster, Margaret was posted to a Transport Service Depot in Preston, where she remained for 12 months as a technical Motor Transport Clerk with the Royal Army Service Corp before being promoted to Lance Corporal and posted to Derby Royal Army Ordnance Corp (at that time the largest depot in the country). This was office work, dealing with spare parts for the motor vehicles and where necessary substituting compatible parts if not available in the same make. She was then sent back to Preston on the 'Lease/Lend' scheme dealing with spare parts from America.

By 1944 Margaret had attained the rank of sergeant and was involved in packing motor spare parts into boxes lined with wax paper. Completed boxes were loaded onto trains and the wagons had a 'D' chalked on the side. "Although not aware of it at the time, we had been involved in sending vital equipment to support the D-Day landings in Normandy." This qualified Margaret as an associate Normandy Veteran.

On her demob in 1946 she came to live with her father (a railwayman), in Pitsmoor, and has lived in the same house ever since. She married local man, Ron (who had served in the RAF in Africa, Italy and India) at Christ Church, Pitsmoor, in 1949. Commenting on the war years, Margaret said:

*"I wouldn't have missed my time in the ATS, although by the end of the war I was glad to return to civilian life. I enjoyed the discipline and knew what it was to have to work hard, with long hours, and learn new skills".*



# Landlord licensing begins

Story: Rohan Francis

**Representatives of landlords in Page Hall presented a petition to Cabinet on 16th April in a last-ditch attempt to raise concerns about the controversial Selective Licensing scheme a week before its introduction on 22nd April.**

The petition highlighted negative effects seen since the scheme was proposed, including stagnation in local house buying, a dramatic drop in local property values and evidence that some high street banks were now refusing to offer buy-to-let mortgages for homes in Page Hall.

Concerns were also raised about the potentially harmful impact Selective Licensing will have on families because of overcrowding rules, and on new migrant families because new tenants have to have two references from previous landlords.

Petitioners also asked why the licence fee could not be paid by instalments like other Council bills, and as offered by other local authorities running Selective



Landlords meet to discuss concerns and plan to form a landlords association

Licensing schemes. The Council's website provides the reason, "because we do not have to accept licence fees by instalments."

Council officers told the Messenger that payments have been received for just over 85% of the 274 properties requiring a licence in Page Hall. For the remainder, the Council will take court action against those who have not applied for a licence. Landlords told the Messenger they remain concerned that the scheme will not address the area's problems which they feel they have taken the blame for.

Take-up of the Council's Voluntary Licensing scheme, which covers a wider area of Fir Vale, has been very low. Officers said they would be promoting sign-up for this scheme following the introduction of licensing in the compulsory area.

# New homes update Earl Marshal

Story: Rohan Francis

**Housing developer Sheffield Housing Company have restated their commitment to develop empty land at Earl Marshal Road, after admitting that construction is unlikely to begin before the end of 2014, as previously expected.**

67 homes are planned for the site, which will be available for sale, for rent or shared ownership. Project Director Tom Fenton told the Messenger, "We are pressing ahead as quickly as we can and plan to share the designs with the local community over the summer with a view to beginning construction as early as possible in 2015."

For more information or to express an interest in purchasing any of the new homes please contact Tamsin Auckland on 0114 203 7129 or email [sheffieldhousingcompany@sheffield.gov.uk](mailto:sheffieldhousingcompany@sheffield.gov.uk)

## Catherine Street

Plans to build 16 new homes on Catherine Street have been given the go ahead by the Council at a meeting in May. Local

social housing provider Arches Housing expect to begin construction in August on empty land at Catherine Street, Brotherton Street and Cranworth Road.

## Affordable family homes

The new homes will provide a range of accommodation for affordable rent, including two, three and four-bed properties for families of 4 to 8 people.

## Somerset revamp

As part of planning rules, Arches will also make a financial contribution of £27,171.40 towards an open space - such as a park or recreational area. Councillor Ibrar Hussain told the Messenger this would most likely be allocated to renovating Somerset Park which occupies the hillside opposite the proposed housing development.



# Unrest in Page Hall

Story: Lisa Swift

**A fight between two boys in Page Hall at about 7pm on Monday 19th May, escalated into fighting which involved around 25 men.**

Police responded to the incident and used a section 60 order, which allows them to stop and search and disperse anyone in the area for 24 hours. Five arrests were made of three boys aged 15, 16 and 17 years and two men aged 27 and 28 years.

The original fight started between a Yemeni boy and a Slovakian boy. The Messenger spoke to the chair of the Yemeni Community Association, Mohammed Al-Shaebi who told us,

*"It was a small issue that escalated. But there were several incidents since Monday, which made me very concerned that those involved would continue fighting. I am going to meet with members of the Slovakian community so that we can help to sort this out, what we want to see is those involved talking to each other."*

*"We have got to talk about a long term solution in Page Hall. My parents faced racism in the 50s and 60s, and we don't want to see that happening again for the Slovakian community. There is positive work to be done to break down barriers and increase understanding. And young people have got to realise that their actions can have a very big impact on their community, on their friends, neighbours and families."*

The police released a string of press statements about the incident stating:

*"Monday's incident is the only one of this nature that Page Hall has experienced in recent months and the amount of reported crime and disorder in the area has consistently reduced. By working with partner agencies, including the local authority, environmental health, education, licensing and the voluntary sector, action is regularly taken to tackle a number of issues and problems, and action will continue in the area."*

The police are also funding a pilot project at Earl Marshal youth centre, in partnership with Sheffield Futures, which will run 3 nights a week 8-10.30pm. The aim of the club is to provide a safe space for young people to meet each other and encourage integration. Workers at PACA (Pakistan Advice and Community Association) are also working with the police to reduce local tensions.



# FIRTH PARK 2014 FUN DAY

**Sunday 29th of June**  
12 noon until 5.00pm



 Firthparkfestival  
 @firthparkfest

Community stalls • dancing displays • fun fair rides  
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If you would like to know more or make a referral, please call us on the number below.



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## Healthy Fasting Tips

Ramadan is the ninth month of the Islamic calendar, and in Muslim tradition is a time of heightened commitment to piety and purification. Fasting is among the special observances that Muslims undertake, in which they refrain from eating and drinking from dawn to dusk.

Fasting can be really challenging when it comes to eating the right food. Here's some tips on how to eat healthily during Ramadan.

### Food to avoid

- Deep fried foods e.g. pakoras, samosas, fried dumplings
- Try to avoid eating fried kebabs frequently - reduce to perhaps once a week and cook in the oven
- High sugar / high fat foods e.g. Indian sweets such as Ghulab Jamun, Rasgullay, Balushahi, Baklava etc
- High fat cooked foods such as parathas
- Oily curries, greasy pastries
- Caffeine such as tea and coffee - as they stimulate faster water loss.
- Refined carbohydrates - such as sugar, white flours, white bread

### Healthy Alternatives

- Bake Samosas in the oven - you get a crispy texture and an oil free taste
- Cook chapattis without oil

- Always try to bake and grill chicken and meat; kebabs taste amazing baked in the oven
- For dessert try milk based sweets, rice puddings, rasmalai or barfee
- Complex carbohydrates - wheat, oats, grains and seeds, lentils, wholemeal flour, basmati rice. These types of food will help release energy slowly during the long hours of fasting.
- Fibre rich foods - bran, cereals, whole wheat, potatoes with skin, vegetables such as green beans and fruits, will help aid slow digestion
- Always try to include fruit after Iftar especially water based fruits e.g. watermelon, strawberries, grapefruit, peaches, pineapple, oranges, plums, raspberries and grapes. These fruits will provide you with natural sugars, minerals and vitamins that you have lost throughout the day. Eating fruit high in water content will keep you very well hydrated. They also contain minimal calories but provide a feeling of fullness.

### Recipe:

#### Chicken tikka kebabs and Indian salad

For a great and healthy chicken tikka kebab recipe, visit the BBC Good Food website at:

<http://www.bbcgoodfood.com/recipes/2382/chicken-tikka-kebabs-with-indian-salad>

## Domestic Abuse Awareness

Domestic abuse or violence can happen to anyone. It often happens more than once and tends to get worse over time. Domestic abuse is physical, sexual, psychological or financial abuse that takes place in an intimate or family relationship. Abuse is not just physical, it is often part of a pattern of bullying and controlling behaviour. How do we know whether a family member or close friend is suffering abuse? What are the signs?

### General warning signs

People who are being abused may:

- Seem afraid of or anxious to please their partner
- Go along with everything their partner says and does
- Check in often with their partner to report where they are
- Receive frequent, harassing phone calls from their partner
- Talk about their partner's temper, jealousy, or possessiveness

### Warning signs of psychological abuse

- Change of personality - an outgoing person may become withdrawn
- They may have low self-esteem, even if they used to be confident
- They may show signs of depression or anxiety or have suicidal thoughts

### Warning signs of isolation

- Reducing time spent with family and friends due to restrictions put on them
- Rarely going out in public with partner
- Having limited access to money, credit cards, cars

### Warning signs of physical violence

- Have frequent injuries, with constant excuses of "accidents"
- Frequently miss work, school, or social occasions without explanation
- Dress in clothing designed to hide bruises or scars, e.g. wearing long sleeves in the summer or sunglasses indoors

If you feel you know someone who is going through some form of abuse, express your concerns, try and offer help, listen to them, reassure confidentiality, and support his or her decisions.

### Local women only support group

Contact Somshun Nessa, Community Development Worker for Burngreave Healthy Communities Programme: [Somshun.nessa@soarcommunity.org.uk](mailto:Somshun.nessa@soarcommunity.org.uk)  
Tel 07960 084 119

## Domestic Abuse Helpline and support

Sheffield Domestic Abuse Partnership offers a range of support services.

Call the Helpline on: **0808 808 2241** or visit <http://www.sheffdap.org.uk>

Open 10am-4pm Monday-Friday  
10-7pm on Wednesdays. A Punjabi, Urdu and Mirpuri speaker is available on Wednesdays from 10am-1pm.

In an emergency ring 999.

# Black men walk for health

Story: Lisa Swift & Rohan Francis

Ten years ago, a group of African and African-Caribbean middle-aged men came up with an ambitious idea to get 100 black men in Sheffield walking for health. A decade on, the group is continuing with these health walks in green spaces in Sheffield and the wider countryside.

An original member of the group, Donald Mclean, the Vice-Principal at Longley Sixth Form College, said:

*"It was a grand idea, really. We wanted to improve the health of black men. It came about because we had all reached middle age and we knew we needed to start looking after our health. Since then, we've done 11 walks per year: that's 110 walks. I've only missed 8!"*

Maxwell Ayamba, of locally-based SHEBEEN (Sheffield Black and Ethnic Minority Environmental Network) was also involved from the start:

*"African and African Caribbean men are more likely than other groups to suffer from conditions like diabetes and high blood pressure but many men, as they get older, can't make time for exercise. Walking is one of the best forms of exercise as it uses the whole body. It is also good for mental health, especially when you are out in the countryside."*

Pitsmoor Dental Health's Kweku Ackom-Mensah, (known to everyone as Q), has been right behind the ambitious project for 10 years:

*"We got to know a lot of people through the walk. We talk about everything while we walk. I'm not a young man anymore and the doctor was telling me to look after myself, to be careful of my blood pressure, so I thought this was a fantastic way to do that. My doctor says it's made me healthier."*



Another founding member, Mark Hutchinson, said:

*"We usually start at Endcliffe Park but we go all over: Stanage, Five Weirs walk, Longshaw Estate and places in the Peak District. From childhood, we used to go for walks and this has always given me a sense of identity, that this is my land and we are free to walk where we want to walk."*

The group will be celebrating their 10-year anniversary at Sheffield Hallam University and want to encourage new members to join. Lloyd Greaves joined the group 3 years ago and says:

*"It's been fabulous. You get to see what you don't normally see, it broadens your horizons."*

Another recent member of the group is local filmmaker Jenson Grant, who said:

*"I've been involved for about a year and a half. It's really helped me to explore the city. I've been in Sheffield since 1994 but I'm only now getting to really know it. We've explored the industrial side of Sheffield as well as the countryside. It's walking to discover."*

100 Black Men Walk for Health group will be celebrating their 10th anniversary on 7th June, if you would like to be involved contact Maxwell Ayamba on 07791 614 433. While the group particularly encourages BME men to get walking, the group is open to anyone.

## Rambling on

Story: Graham Jones

**Sheffield is the greenest city in the UK. Even within walking distance of Burngreave, there is a wide variety of landscapes, from the beauty of Roe Woods to the tranquil and pleasant walkways along the River Don.**

Within the built-up areas, there is a lot of industrial, architectural, archaeological and natural history interest. Local bus services and trains enable everyone to get out to these great places.

There is no better way than to explore them on foot. Walking is an excellent form of exercise which can keep you fit and active and improve your mental health. Walking can also help recovery from and control of such illnesses as diabetes, high blood pressure, obesity, stroke, coronary heart disease, depression, stress, joint problems, osteoarthritis and osteoporosis. Walking is a cheap pastime - a pair of boots or strong shoes is your main requirement.

### Walking groups & activities

To get you started, here are some details of a few local walking groups. They walk on different days of the week. The groups are invariably friendly and welcoming. Perhaps try a couple before you think about joining one.

#### Burngreave Ramblers

Easy to moderate rambling of 5-7 miles mainly in the Peak District on the 2nd Saturday of the month. 11am until 3.30pm. Meeting Point is Abbeyfield Park Gate, Abbeyfield Road. Contact Sue Wallis 0114 243 4266 or 07726 344 036.

#### Pitsmoor Health walks

Short local walks every Tuesday, meeting at 1.30pm at Pitsmoor Surgery, Burngreave Road. Just come along.

#### Ramblers Association, Sheffield

Walks of varying length and strenuousness Tuesdays, Wednesdays, Saturdays and Sundays. [www.sheffieldramblers.org](http://www.sheffieldramblers.org)

#### CHA Ramblers

Walks every Thursday and Saturday. [www.sheffield-cha.org.uk](http://www.sheffield-cha.org.uk)

### Activity Sheffield Walkboost

A number of walks around our neighbourhood. Phone Activity Sheffield 0114 273 4266 or email [activity.sheffield@sheffield.gov.uk](mailto:activity.sheffield@sheffield.gov.uk)

**Women only walk:** Mondays 9-11am starting at Byron Wood School.

**Parents walk:** Mondays 12.30-2pm starting at Firs Hill School.

**Themed Walk: Crabtree Ponds** 12th June, 6-8pm starting at the Vestry Hall.

**Themed walk: Secret Salmon Pastures.** A walk along the River Don. 5th July, 11am, starting at the Vestry Hall

**Themed Walk: Five Weirs Wonder** 26th June, 1-3.30pm, starting at the Vestry Hall.

#### Health Trainers

Burngreave Health Trainers give advice and support on leading a healthier lifestyle. Contact: Somshun Nessa on 07960 084 119 or email: [somshun.nessa@soarcommunity.org.uk](mailto:somshun.nessa@soarcommunity.org.uk)

Of course, you can always improve your wellbeing by walking to the shops, to school or to work. Or just get off the bus a stop or two earlier. It's all up to you but do get walking and have fun.



## Fir Vale School go to Ghana

Story: Fir Vale Ghana Team 2014

**After ten months of preparation and fundraising, students from Fir Vale School eventually topped our £28,000 target. Fir Vale were off to Ghana!**

Final preparations completed, bags packed and malaria tablets taken, a full day's travelling and we arrived in Accra. As we stepped off the plane into the humid air, we knew we had made it to sub-Saharan Africa with a bang. We arrived in the hostel to no electricity. Attempting to assemble 20 mosquito nets in the dark

with nothing more than palm leaves and a head torch, Fir Vale students showed what they were made of. Not one of the team of 18 moaned or complained as they became accustomed to their first few hours of Ghanaian life.

As the sun rose on day two, we saw an expanse of urban Ghana, with corrugated iron roofs and not a Diet Coke in sight for Miss Cassy. We were filled with excitement as we drove out of the city and along uncomfortable roads, through lush vegetation and small terracotta villages on the roadside. We were greeted by the Prince of the village and the local drumming troop as we settled into our home for the following week.

The next few days were full of laughter, excitement, positivity and challenges, from walking through the rainforest to dancing in the streets, from feeding monkeys to swimming under waterfalls.

But we were not just here to have fun. We had an important job to do, helping build an orphanage. We mixed cement, by hand. We made, carried and laid bricks and carried endless litres of water. We never faltered under the Ghanaian sun. Mr Power felt most proud to lead a group of Fir Vale students.

After ten days had flown by, it was, unfortunately, time to pack our bags and say our goodbyes. This was the most incredible experience from start to end, a project the whole school community should feel proud of, a project that has made a difference to our students, staff and governors and to the lives of children in Ghana. Congratulations to all involved!

## Mothers' Day celebrated

Story & photo: Yiwen Zheng

**Over 80 mothers and their families enjoyed a Mothers' Day meal at SADACCA in March.**

Organiser, Lorna Risden Shand said, "Mothers' Day is a good day for mothers to come together and celebrate. It's my first event and I'm pleased everyone is enjoying the meal and each other's company!"



Volunteers helped Lorna serve the guests who tasted Caribbean food such as cream of pumpkin soup, chicken fusion, salmon, curried mutton, rice and peas, fresh salad and vegetables and upside-down pudding.



Among the happy mothers, Cora said, "I received beautiful flowers from my son and daughter today. It was tough when they were young, because I worked nights at the hospital. My children made me strong, and I learned to deal with difficulties."

Another mother, Celia, said, "I really enjoyed the lovely meal. I have 3 children and it's usually my job to cook for them but today I don't have to!"

Next to her, another mother Fay said, "I'm happy to see old friends and the food is delicious. I have 2 daughters who I raised myself. Having to work and look after them was difficult, but they've become lovely young adults."

## Chocolicious Byron Wood



Story: Imaan Sadique

**On the 8th and 9th of April, Y3s and Y4s from Byron Wood Primary School, performed the classic chocolicious *Charlie and the Chocolate Factory*.**

The entertaining Eamie Hopkins played Violet Beauregarde, she had a sticky end. The talented Ayub Saleh played the TV loving Mike Teavee. Ismail Yussuf played Charlie Bucket really well. Khalid Johar played Augustus Gloop the greedy brute. I played the conceited, obnoxious Veruca Salt (I'm nothing like her, apparently I played the part really well!).

The extraordinarily talented Filsan Issa played Willy Wonka who was a hit. Everyone put 100 percent effort into their roles so we only had 4 weeks to practise. We got so much feedback from the teachers; all thanks to our drama teacher Ms Serano, she put the show on the road. No one forgot their lines or cues in the middle of a scene, that's why the show was so successful.

We made people laugh out loud (LOL). I think the show was better than any show that has taken place in Byron Wood! I'm looking forward to writing about our next successful show.

# OWLER BROOK PRIMARY SCHOOL

Editorial team, photography and reporting: Adam, Yousaf, Fatima, Samaiya, Hala, Hanan

## Friendship week back again

Owler Brook Primary School took part in Friendship Week in April.



Friendship Week is a week where you respect your friends and make new ones by giving them friendship bracelets and



buns, showing all your respect to them. Other schools observe only anti-bullying week, but at Owler Brook we observe both.

On 7th April Owler Brook had an assembly about Friendship Week. The children were told that the next day was a special day because it was Appreciation Day.

Appreciation Day is a day where you buy something for your friends that they will appreciate. And this is exactly what Owler Brook Primary School have done.

In the yard we asked a few children how they felt about the week. One said, "I feel so excited because all my friends respect me so much."

In school we have Peer Mediators, who are well trained people who sort out problems without the help of teachers. The Peer Mediators have been working extremely hard, but Friendship Week has been like their week off because not one child had an argument.

Owler Brook raised £27.61 just by selling buns. This money will be used to buy new equipment and make the atmosphere even friendlier. We really enjoyed Friendship Week.

## The X Factor judges arrive

Every Easter the Eggs Factor is held on the last day of school at Owler Brook Primary School. With wonderful acts and the X Factor judges there, everyone is excited and eager to join in the fun.



*the Fox Say, Let It Go, Birds of the Feather* and lots more. Some acts even wore costumes such as *The Frozen Girls* and *The Fox Singers*. The acts were very confident since the teachers encouraged them to try hard.

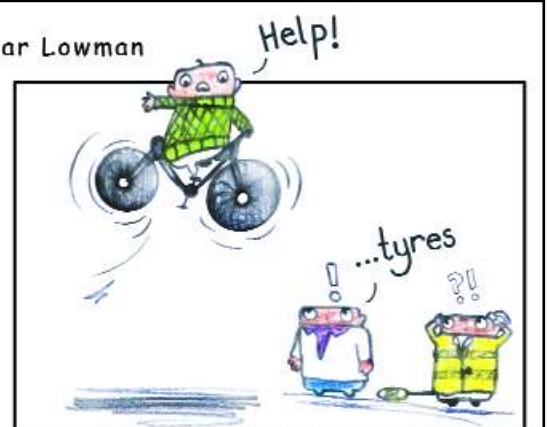
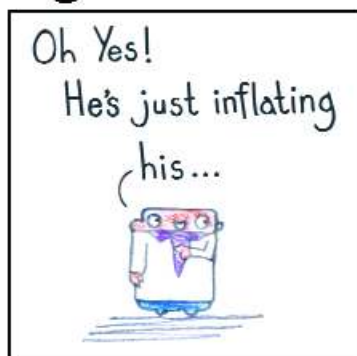
Anyone throughout the entire school could audition and have a lucky chance of being in first place. The winner also gets to choose an Easter egg and win a gold medal.

There were 25 acts and more than 100 people joined in. They sang *What Does*

The winners were the beatboxers, whose names were Fabian and Damian, and Nof and Maya who were singing "Let It Go" from the movie *Frozen*. Fortunately, the judges loved all the acts that came up on stage and are eager to come again next year for some more fantastic talent.

George & Brian

## Tour de Burngreave by Edgar Lowman



# REFLECTIONS ON OAK TREE HIGH SCHOOL

Oak Tree High editorial team: Ifra, Naima, Nisha, Anisa, Sumaiya, Ruqiya, Rafia, Anisa

Oak Tree Girls High School was opened in September 2011 on Petre Street. It is an independent Islamic school run by the Yorkshire Muslim Academy, which also runs a nursery and Madrassa alongside the school.



Students have written about their experience of first attending the school:

*"I am 15 years old and I attend Oak Tree High School. It all started on 12th September 2011. My first opinion about the girls in this school was that there would be a lot of bullies, but I was proved wrong. The school is a very happy environment and I am happy I chose to come here. There have been a lot of changes in Oak Tree. At the start of the school we didn't have an ICT Suite and now we do. We didn't have many qualified teachers and now we do. In 2013 a new subject was introduced, Citizenship. I benefited a lot from this subject. This school really boosted my confidence and I also met new people that I can now call my friends."* Ruqiya

*"In 2012 I changed schools from Parkwood to Oak Tree. I knew immediately Oak Tree was the right school for me. When I first walked into my new classroom, no-one said a word to me but when I sat next to a girl, she asked me for a pen and started communicating. By the end of the week we became friends. It wasn't a bad school after all and the education was good. When I first started there were about 70 girls and now there are 100, a huge bunch of girls who have grown over a year."* Nisha

*"I started Oak Tree High School in 2011, I was nervous but at the same time excited. My first day, I had walked into the school for the first time, feeling anxious. My emotions were tangled as I was not acquainted with anyone from this school. So for the first week I felt as if I was a dark shadow looming in the background. Until a light shone over me. I had made acquaintances, they gave*

*back my voice, gave back my strength. I now held my head high with confidence in my hand. I realised that happiness and education did not come with extraordinary technology but it came with a positive state of mind. The teachers and friends helped me achieve the state of mind. I honestly believe from the bottom of my heart that Oak Tree High School is progressing and achieving in a great manner."*

## Oak Tree High School "Little Dragons Project"

Recently, Oak Tree High's very own Y9s took part in an exclusive project "Little Dragons", with help from volunteers in Y7 and 8. The project itself was set up and funded by the organisation Right 2 Education. The project consisted of 5 groups, with each group collaborating in order to come up with a presentable, worthy of buying, product to construct and sell within 12 weeks!



Each group had a starting budget of £20 to buy the mandatory materials needed to manufacture the product. The following weeks the girls were introduced to the team leader, volunteers and the actual project. In addition to this, the girls had planned, researched and brainstormed ideas for the pitch to be presented and had started the construction of the products. On top of that, the girls and volunteers had set up a Winter Fete to sell their products to the students of Oak Tree and visitors.



In summary, this was an entrepreneurial team-based challenge aiming to develop life skills such as communicating and marketing through a series of sessions involving collaboration, planning and budgeting, to pitching in front of a panel and to selling to the students and community at a Winter Fete.

# Radio Ramadhan 87.7FM

Story: Muneebah Waheed

For Muslims here in Burngreave, the holy month of Ramadhan reminds us of the importance of food, of being patient and of being thankful. Ramadhan is a month which strengthens community ties and enhances relationships with many in the community.

Radio Ramadhan is an annual radio station, on air during the month of Ramadhan. The station, formed in 2000, strengthens bonds within the community during Ramadhan and many presenters are volunteers from Burngreave and Fir Vale.

The radio programmes span talk shows to kids' shows and feature daily competitions, captivating audiences at all times of the day.

Shamim Ali, a resident and teacher in Fir Vale, volunteers for Radio Ramadhan as a talk show host dedicated to women, offering advice and knowledge to the many listeners who tune into her show.

She commented on the significance of Radio Ramadhan in Burngreave and Fir Vale saying:

*"Radio Ramadhan creates an opportunity for the community to get together and stay informed and entertained. With TV, you have to watch a screen, but with the radio, you can listen to it on the go, allowing a wider audience to get involved with community spirit."*

The radio station is run by the impressive work of local volunteers, who dedicate their time and efforts during Ramadhan to broadcast informative and entertaining shows. Shaabir Mughal, the man behind Radio Ramadhan, acknowledged the valuable input of the volunteers, saying that it was "due to the hard work of the volunteers that the radio is up and running."

In essence, Radio Ramadhan is an intrinsic part of the community in Burngreave and, as Sadiqa Ali, a local resident, says, "The month of Ramadhan wouldn't be the same without it."

**Radio Ramadhan will be on air on 87.7 FM from 1st July 2014, at the start of the month of Ramadhan.**

# Easter Fayre

Story & photos: Seema Ghazal

**Just before Easter there was a fayre at the Vestry Hall where lots of people ran stalls for charity to raise money for the Burngreave Library.**



Margaret from Burngreave Tenants' and Residents' Association was in charge of this event. The event was a bit quiet to begin with, however, after the car park became full, many people peeked in to see exactly what was happening.

A lady called Marjorie was in charge of a stall which was full of cards and jewellery:

*"It normally takes half an hour to make a very basic card however it takes an hour to make a detailed one. I make custom jewellery, out of buttons, copper metals and so on. I used to make embroidered badges which are*



*personalised, I now print them on hand towels and bath towels. I see it as a hobby rather than an occupation, I like to make jewellery during the weekend and keep what I make for events."*

There was also a variety of food from a range of different cultures. A lady called Mona had a wide range of Persian food:

*"I make them at the weekend and store them for the next day. My kids like to come and help me decorate the food. I have a range of sweet and savoury foods: Almond fingers, caramel cupcakes, pakoras, and samosas."*

**To find out more about events like these, contact Burngreave TARA: burngreavetara@gmail.com**

# Playground for all

Story: Mrs Mahmood

**With its large outdoor play area and staff that are really welcoming and friendly, Pitsmoor Adventure Playground is a playground for everyone.**

I spoke to manager Patrick Meleady about what has been going on recently. "We have been running a number of activities to celebrate the area's cultural heritage. At Easter, we were visited by the Manager of Tesco, who kindly donated 20 Easter Eggs and for St. George's Day children made swords, shields and masks, everything was provided by us for free."

To celebrate the arrival of the Tour de France, Saleema Iman and Patrick Amber have been showing children and families how to make cycling themed decorations. "We want to make sure that families are always welcome on the playground. During one of these workshops we received a surprise visit from BBC Radio Sheffield who wanted to support our activities."

The playground is also trying to raise children's awareness of the environment and has been putting up bird boxes on



trees, which got a very good response from the community.

Laura Watkins, playground development manager said, "We are working with Sheffield United, Ellesmere Youth Project, the MAST team and local residents to improve our playground and develop exciting opportunities for our visitors."

One of the many children on the playground when I visited, Michael Kral said, "The playground is really good. It's fun and we can play pool here too!"

The playground is open Wednesdays and Fridays from 3.15 - 6.15pm and Saturdays 12.30 - 3.30pm. Please come along and join in the fun!

# Rainbows End access problems

Story: John Mellor

**Rainbows End charity shop on Spital Hill, which has occupied part of Sorby House since December 2008, is experiencing problems in accessing storage space and the refuse disposal area at the rear of the building.**

Previously goods being transferred between the shop and the storage space have been taken through the Sorby House reception area into the lift. However, since October last year, when several Council departments were relocated in Sorby House, this route has been closed to Rainbows End volunteers.

The manager of Rainbows End, Yvonne Hayes, told the Messenger:

*"This change of policy makes the day-to-day running of the charity shop much more difficult. Access between the shop and the rear of Sorby House is essential in order to transfer items, including furniture, and to remove rubbish. Repeated complaints to Kier (who manage Sorby House) about this problem have received no response. Volunteers now have to use a circuitous route, with health and safety implications for both volunteers and pedestrians. In addition, access to the gate at the rear of Sorby House is often blocked by parked cars."*

Yvonne explained:

*"I understand that the increased use of Sorby House creates health and safety issues in moving items of furniture through the building but the trolley used to transfer smaller items is no larger than a push chair. There have not been any problems previously in using this route."*

Yvonne went on to say:

*"An alternative solution would be to open up an existing staircase from the storage space which leads directly into the back of the shop. The cost of this has been estimated as £4,500 but it would make access much simpler and safer."*

Kier told the Messenger:

*"We met with the trustees of Rainbows End last year to tell them that the informal arrangement of using the lift within the main building to move goods presented problems for other users and would no longer be possible. The lift is not a goods lift and has broken down on several occasions due to overloading. We would be willing to meet with Rainbows End to try to find a solution to this problem."*

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# Pilsung Taekwondo success

Pilsung students, based at Verdon Recreation Centre competed at Concord Leisure Centre on 13th April 2014, the youngest players from the club joining 200 competitors from all over the country.



Instructors, Craig Wallace and Raymond Richards, and parents were very proud of the way they conducted themselves and how well they performed.

- Ahmed Hussein (9yrs) - Sparring: Gold
- Rickeem West (7yrs) - Sparring: Silver / Poomsae: Bronze
- Abdullah El-Sadawi (7yrs) - Sparring: Silver
- Abdulrub Al-Boasee (10yrs) - Sparring: Silver
- Kasim Naveed (8yrs) - Poomsae

Radford Love and Craig Wallace also attained Black Belt grades in May at the British Taekwondo's National event. Radford is only 15 years old and a 3rd Dan is a fantastic achievement at this age. Craig is one of only a handful of 6th Dan Black Belts in the region.

# Sea Cadets' awards

Story: Teresa Smith

Sheffield Sea Cadets, based on Stanley Street near the Wicker, received the Lord Mayor, Councillor Vickie Priestley, in April, to present the Cadet of the Year Awards.



Following an inspection of the ranks, when the Lord Mayor spoke with all the cadets and staff, the Commanding Officer took the guests on a tour of the Unit, explaining the activities and training provided for cadets and the hard work that volunteers put into making the Unit run. The Lord Mayor presented the Cadet of the Year Awards and gave her speech, saying she was very impressed with what the cadets achieved and what we did as a Unit.

**Royal Marine Cadet of the Year** - Lance-Corporal Masters

**Sea Cadet of the Year** - Cadet McDonagh

**Junior Cadet of the Year** - Cadet L White

For more information about the Sea Cadets call: 0114 279 6223 or email: sheffieldsc302@gmail.com



# Scout leaders awarded

Story: Andrew Papka, Group Chairman 76th St Peter's Ellesmere Scouts

Scout leaders Jim Gilbert and Andrew Papka from the 76th St Peter's Ellesmere Scouts were presented with the Silver Acorn in April, an award for specially distinguished service for a period of not less than twenty years.

Jim and Andrew have over 100 years of Scouting between them. Some readers might recognise Mrs Pat Swinburn, former head of Domestic Science at Fir Vale School, who was exceptionally rewarded with the Bar to her previous Silver Acorn.

**St Peter's Scouts meet at the Cornerstone Building, Grimesthorpe Road. Beavers (aged 6-7) - Tuesdays 6pm; Cubs (aged 8-10) - Wednesdays 6.30pm. Contact Will Hopkins on 07955 546 989 or Nico Hall on 07941 480 380.**

# Award for refugee group



Story: Badasso Safawo, Sheffield Oromo Community Association

The Sheffield Oromo Community Association won the award for "Refugee Community Group of the Decade" in March, as part of the 10th anniversary celebrations of the Gateway Project, which supports refugee communities in Sheffield.

The Oromo community comes from East Africa, including parts of Ethiopia, Kenya and Somalia. The award was in recognition of the community's ability to build a new life and contribute to society in the UK.

# Harvesting our heritage

Story: Yiwen Zheng | Photos: Seema Ghazal

The 'Harvesting Our Heritage' project is bringing together people from different backgrounds and ages to discuss their knowledge of plants and their uses.

The project started in 2012 and has been exploring the uses of plants with five community groups, SADACCA Women's Group, Pakistan Muslim Centre Milan Women's group, Saalik Youth Group, Fir Vale College ESOL Slovak Group and Reader Project Group. They have been taking part in workshops, visits to nature reserves and Sites of Special Scientific Interest (SSSI) in the countryside and recording their knowledge of different plants and how they are used in medicine and cooking.



The project is about the importance of understanding plants in our lives and the groups have been looking at the benefits of plants both locally and from other countries. They have looked at plants used as traditional remedies and in conventional medicine and the danger of using the plants in the wrong way. The project is also about showing how different generations use plants, and hopes to share the knowledge of different species which had been lost to the younger generation. The project is organised by SHEBEEN (Sheffield Black and Ethnic Minority Environmental Network) and The Biodiversity and Landscape History Research Institute and is funded by the Heritage Lottery Fund. Steel Valley Project (Stocksbridge) and Sheffield Wildlife Trust are also involved.



On 29th April the project brought the five groups together at SADACCA to share their knowledge and discuss the different uses of plants. Project facilitator Christine Handley gave an overview of the project. In her presentation, she introduced some special plants, such as Ribwort Plantain, which can be used for stopping bleeding. Christine talked about Lungwort which was used to treat breathing problems. She also mentioned Fenugreek which has been prescribed for diabetes mellitus by the herbalists in Pakistan and India and Arnica from Slovakia which can be used to relieve the pain of bruises.

Representatives from each group presented the uses of one or two of the plants they had identified. Mavis Patterson talked about ginger which can be made into herbal tea and used to stop stomach pain. Mrs Franklin talked about Pawpaw which people can use for cooking and skin care, it is also used for heart disease, but will cause high blood pressure by overuse. Cora talked about Jamaican Sorrell which can be added into salad and soup, it is also made into a drink. Young people also presented their research; Giannah and Thea-Trinity introduced the Jamaican breadfruit tree with pictures, which was brought to Jamaica by a British seaman, Captain Bligh. It can be served in soups with salt fish or in other Jamaican meals. Parsa and Aria showed the uses of Pistachio nuts from their homeland of Iran. The nut can be eaten whole or added to food or desserts, they said they ate them every day and liked them very much.

The Harvesting Our Heritage project will be celebrating everyone's work at an event in July, where each groups' research will be exhibited.

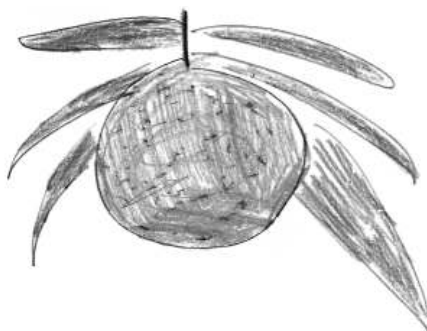
## Arnica Montana By Nikola

This is the Arnica Montana plant. The flowers are dried and crushed into a powder. It is made into a cream or gel. Arnica Montana is used for different medical problems. It is used to heal bruises, to make them disappear more quickly. It takes the colour and the pain out of bruises. It can treat inflammation in bones to make the pain better. This plant grows in Slovakia.



## The Jamaican Breadfruit Tree By Tandi

Breadfruit was brought to Jamaica by a British Seaman, Captain Bligh, in 1793. It was one of the first trees to be brought and planted at Bath Botanical Gardens. Breadfruit can be served in ackee and salt fish soups or can be used in other Jamaican meals. Plantation owners were worried about the hungry Jamaican slaves and were worried they would revolt so they used breadfruit to feed them. The Latin name for breadfruit is Artocarpus Altilis.



## Fever Grass By Myrtle Walker

Fever Grass, as it is known in the West Indies, is a member of the tall grass family. It is edible and is used for making a refreshing tea.

The main use of Fever Grass is its benefit of reducing a fever (temperature) by boiling its leaves and drinking it, hence its name. It is not only for that purpose as it has a wonderful aroma and taste, and can be drunk as a refreshing drink - hot or cold.

The plant grows all year round being a member of the grass family. Its aroma can be smelt when the wind blows through its long leaves. Fever Grass is well-known world-wide as it is imported as tea bags in health food shops and is called Lemongrass.

There might be other health benefits which need to be investigated.

Contact: 0114 203 7562  
www.sheffield.gov.uk/northeast

Your Local Area



## Councillor Surgeries

Your local councillors, Jackie Drayton, Ibrar Hussain and Talib Hussain (left to right) share surgeries on a rota basis.

**14th June:** 11am-12pm,  
Burngreave Library, Jackie Drayton

**17th June:** 12pm-1pm,  
Norwood & Bishopholme TARA,  
Talib Hussain

**19th June:** 2pm-3pm,  
Pakistan Advice Centre, Ibrar Hussain

**12th July:** 11am-12pm,  
Burngreave Library, Jackie Drayton

**15th July:** 12pm-1pm,  
Norwood & Bishopholme TARA,  
Ibrar Hussain

**17th July:** 2pm-3pm,  
Pakistan Advice Centre, Talib Hussain

jackie.drayton@sheffield.gov.uk  
ibrar.hussain@sheffield.gov.uk  
talib.hussain@sheffield.gov.uk

# Burngreave Ward Public Meeting

Shirecliffe Community Centre  
Thursday 26th June, 6.00pm – 8.00pm  
Shirecliffe Road, Sheffield S5 8XJ

## Agenda (Subject to change)

- Questions from the public
- Friends of Parkwood Springs
- Local Policing issues
- Streets Ahead Project / AMEY
- Festivals and Tour de France

Please e-mail any questions you have in advance of the meeting to Dave Aspinall, North East Locality Officer.

**Email:**  
dave.aspinall@sheffield.gov.uk

**Telephone:**  
203 7562 or 07718 512 929

Refreshments available from 5.30pm

*Come and Have Your Say*

## The Cornerstone

Story: Elizabeth & Gordon Shaw

At the junction of Carwood Road and Grimesthorpe Road stands a building known as the Cornerstone. It is home to the 76th Scouts, who meet there on Tuesday, Wednesday and Friday evenings.

It is also used as a polling station, so many people in the area will be familiar with both the inside and outside of the building. But what about its history? Jim Gilbert, Scout Master, has used the building since joining the Scouts at 11 years old. He asked if the Local History Group could find out how old the building is.

An article in the Sheffield Telegraph in January 1887 tells us not only how old the building is, but also how it came to be built.

All Saints Church did not have a church hall. Some social activities took place in a small room in the grounds of All Saints Vicarage on Grimesthorpe Road but more space was needed. An anonymous benefactor gave the money for a new building and the enlargement of the one



already being used. Architects Flockton & Gibbs drew up plans, Chambers & Sons commenced building and the opening ceremony and dedication took place on 10th January 1887. The total cost was £1,200 and Sir John Brown also donated "100 handsome chairs". Whilst some of the original features have been retained, including the wooden panelling around the lower part of the walls, none of the 'handsome chairs' have survived.

Reporting on the opening of the room, Sir John Brown is quoted as saying "the room had been on his mind for years but he had never before seen the opportunity of carrying out his earnest wish and desire. In handing over the room for the Rev. Mr Shaw for the use of All Saints Church as an institute for ever - [applause]- it would be some satisfaction to know that in it they would not be fettered at all." He went on to say "He

hoped and prayed sincerely that it might be a blessing to the large, important, and increasing neighbourhood."

In his turn, Rev. Shaw had this to say about the proposed use of the building - "the spiritual welfare of the congregation was the first object with which that Institute would be used. The donor, however, believed that a Christian was all the better for being healthy and with that object in view a care had been taken for the physical development of the members. With regard to the mental and moral improvement of those who were connected with the society, a very good programme of lectures had been provided for the evening session. They were very fortunate in having had the room given to them, and the best way by which they could show their gratitude was to use it freely and well. The donor would be quite satisfied if he was able to learn that the room was used to such an extent as showed that the congregation appreciated and valued his gift."

Although wishing to remain anonymous, Robert Hadfield, who also attended the ceremony, was generally acknowledged as the donor.

It is now 127 years since the building was opened and it is still being used and 'appreciated' by the community.

# Abuse of the vulnerable

Story: Graham Jones

**There have recently been two major cases of abuse in nursing homes in our neighbourhood, which have gone to court. Sadly, abuse is more common than you might think.**

According to Elder Abuse Action, over 500,000 older people are abused annually in the UK. Abuse occurs across a whole range of domestic, workplace and care settings.

We have quite a few nursing homes in our neighbourhood and one of the largest hospitals in Europe. Many readers work in these settings or have vulnerable family members or neighbours. The majority of care homes and their staff provide an excellent service and there is an unsung army of kind and committed people whose good work, often poorly paid or unpaid, is vital to the wellbeing of those who need help. Caring for people is very rewarding but it can also be demanding, frustrating and hard work.

## Types of abuse

Abuse may consist of a single act or repeated acts. It may be physical, verbal or psychological, financial or sexual. Abuse can occur in any relationship. It could be:

- physical abuse, including hitting, slapping, pushing, kicking, misuse of medication or restraint;
- sexual abuse;
- psychological abuse, including emotional abuse, threats of harm or abandonment, loss of contact, humiliation, blaming, controlling, intimidation, coercion, harassment, verbal abuse, isolation or withdrawal from services or supportive networks;
- financial or material abuse, including theft, fraud, exploitation or the misuse of property, possessions or benefits;
- neglect, including ignoring medical or physical care needs, failure to provide access to appropriate health, social care or educational services, the withholding of the necessities of life, such as medication, adequate nutrition and heating;
- discriminatory abuse, including racist, sexist, based on a person's disability.

Abusers can be family members, partners, friends, neighbours, people who work or volunteer in health or social care services, or strangers.

Abuse can be deliberate or it might be the result of a lack of training, knowledge or understanding.

## Reporting abuse

You may be worried about something happening to you or someone else. Maybe someone is shouting or being nasty or hurting you. Maybe someone is taking control of your money.

**The best way to report abuse is to ring Social Services on 0114 273 4908, which is available at all hours of the day.**

**If you are worried about how well somebody is being looked after in hospital or a care home, you could also contact the Care Quality Commission on 03000 616161.**

Abuse thrives in a climate of fear and secrecy; we all have a responsibility to look after those that need help and protection.

## Thinking of stopping smoking?

**Sheffield NHS Stop Smoking Service can help you**

**It is a fact that stopping smoking is the best thing you can do not only for your own body's health, but because of the dangers of second hand smoke, for the health of your family too.**



There will be no pressure - just information and advice to prepare you to quit. If you would like to chat to someone before attending please telephone Razia Bibi or Jackie Towers on the freephone number 0800 068 4490.

***You may have considered quitting before but have not had the information or support to make a quit attempt. Let this be the year that you succeed!***

Sheffield NHS Stop Smoking Service (run by South West Yorkshire Partnership NHS Foundation Trust) is a FREE friendly and confidential service, helping over 2000 Sheffield smokers to quit last year.

We pride ourselves on being an inclusive service and welcome members of all communities.

The service has trained advisers providing free advice and information such as tips for beating cravings and support to help you stay quit for good. This includes information on what medications are available and our advisers are usually able to give you a voucher for Nicotine Replacement Therapy (NRT) e.g. patches and gum, which means there is no need for a GP appointment. If you do not pay for your prescriptions your NRT is free.

We also run a drop in service at the Quit Stop in the City Centre, opposite Sheffield City Council First Point at Howden House, with an Urdu and Punjabi speaker working there most Thursdays. If you require an interpreter in any other language or cannot get into the shop on Thursdays please contact us on our freephone number 0800 068 4490.

**Sheffield NHS Stop Smoking Service, 39 Charles Street, Sheffield, S1 2HU.**

Telephone FREE on 0800 068 4490

Visit [www.sheffieldstopsmoking.org.uk](http://www.sheffieldstopsmoking.org.uk)

Follow us on Facebook:  
[facebook.com/NHSSmokefreeSheffield](https://facebook.com/NHSSmokefreeSheffield)

If you are ready to quit, the Burngreave area has advisers at Pitsmoor Surgery, Wicker Pharmacy and Swift Pharmacy (Gower Street) as well as throughout the city in GP practices, pharmacies, dental practices and community centres. (Interpreting services are available)

## Support at Burngreave Children's Centre

If you are unsure about quitting and would like to know more about what the service can offer then come along to the Burngreave Children's Centre, Spital Street, on Thursdays 1:30pm until 2:30pm, starting from the 3rd of July to chat to a qualified Stop Smoking Adviser.



South West Yorkshire Partnership NHS Foundation Trust

# Learning about play

Story: Aislinn Adams and Sarah Marsh

A 'Play for Fun' course for the 'Feeling Good on Verdon Street' volunteers has been hosted by Sheffield Out of School Network.



The course, held at Pitsmoor Adventure Playground, was about exactly that: playing and having fun. It covered making something-from-nothing, using our own imaginations; creating hideaways; dressing up; creating a fairground and a 3D zoo!

The possibilities were endless. We even talked about making good food more attractive to children by creating fruit characters. Tutor Sarah Marsh who delivered the course said the response was amazing. The learners who took part really got involved and stretched themselves over the sessions, and at the end they received their certificates from the national football referee, Uriah Rennie, who said:

*"It is good to see so much joy in the faces of the local people: the local community can now play together. Great facility, great people, with so much to give."*

Course participants had the following to say:

*"I found the course very informative and a lot of fun, I'll be taking ideas from the course into my Adventure Playground job."* Julius

*"The course was fun as well as informative. The ideas and creativity I took from the course I can use with my son and in my volunteer work at school."* Joanne

*"I loved it so much because I have learned new things to do with children and have great fun at home."* Katja Amina

*"I really enjoyed being on this course."* Suad Ali

*"The course was a whole heap of fun, creative and well worth attending. More need to be laid on in the area."* Diane

*"Thanks everybody who helped us to do this course because we have learned so much from them. Thanks again!"* Khadidja

*"I am really happy to be enjoying and learning a lot of great new ideas from each other. Thank you for everything."* Aster

*"I'm very happy about this course and I learned a lot of ideas for playing with my son. Sarah is the best teacher."* Chahinez-Warda

*"The course was fun, plenty of resources, informative, good group discussion, participation, very creative."* Denise

**Playwork is very much alive in this community. Anyone wanting further information should contact Lynda Ray, Training Manager at Sheffield Out of School Network on 0114 249 4941.**

## DEMENTIA? WELCOME! CAFE

# OPEN DAY

9TH JULY 2014  
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Dementia? Welcome! is a weekly café for people who have memory problems, their carers, family and friends.

It provides an opportunity to meet other people in a similar situation and get some support and information in a friendly, welcoming place over a cup of tea.

The café is having an Open Day from 11am – 3pm on Wednesday 9th July 2014 at The Furnival, 199 Verdon Street, Sheffield, S3 9QQ.

There will be activities and a buffet lunch followed by entertainment.

*Free to all. Everyone Welcome*

For information about the weekly café or to let us know you are coming to the open day, please call Nick on **07725 569 380**

## Zero Budget Films Wanted

Cheap Thrills the Zero Budget Film Festival is back.

Do you have a film you think deserves an audience? Do you want us to help you make a film? There are four rules: Films must be short (under 8 mins), entertaining, family friendly and CHEAP! A zero budget is hard to achieve, but if you have been paid or funded in any way to make a film, I'm afraid it's not allowed.



Go to [www.zerobudgetfilmfest.com](http://www.zerobudgetfilmfest.com) to learn all about us. The show is in Pitsmoor on 20th September and 4th October in Loughborough.



## Cemetery bees

Burngreave Cemetery got its first colony of bees in May. Volunteers interested in sharing the care of the bees got together on Sunday 18th May to make some new frames and socialise. Funded by a Community First grant and donations.

## Prayers for Nigeria

As this edition of the Burngreave Messenger goes to print, one of the major headlines in the international news has been the abduction of 270 girls from Chibok School in north-eastern Nigeria. At the time of writing the outcome for these schoolgirls is still uncertain and our TV screens have shown us the anguish and anger of parents as they wait for news of their daughters.

This tragic event has revived vivid memories of a similar event, although in very different circumstances, which occurred in Zimbabwe in March 1978.

At the time, my wife and I were teaching at Tegwani Secondary School (a boarding school run by the Methodist Church) 70 miles south-west of Bulawayo and only a few miles from the border with Botswana. There were differences: at Tegwani the whole school of 430 pupils, both boys and girls were abducted, through the night, into Botswana and 400 of them returned, exhausted and hungry, 2 days later. Several members of staff were also taken and only one of these (the headmaster) returned with the pupils. To this day we are unsure about what happened to the abductees who didn't return.

There are also similarities. In both cases, innocent children were robbed of their security and put in very frightening situations, being deprived forcefully of their right to education. The perpetrators in both abductions were a small group of young men, heavily armed and highly motivated, with the fire-power to inflict their wishes on vulnerable children through terror. At Tegwani, the pupils (especially the girls) were taken against their will and had no idea what was going to happen to them.

Margaret and I, along with other members of staff, were held at gun point for 2 hours whilst the abduction was taking place. We were powerless to do anything to influence the situation, except to pray for God's protection of everyone involved, a prayer which was dramatically answered by the return of most of our pupils with no serious injuries, apart from a few sprained ankles sustained over the rough terrain during the night. I know that many people around the world are praying for the protection and safe return of the Nigerian girls to their families.

John Mellor

## Ellesmere Park

I am emailing in the hope that Ellesmere Park (the bit of grass and concrete at the top of Maxwell Street and Ellesmere Road) can be mentioned in the next issue? I walk my dog over there and am appalled at having to step over piles of dog poo in order to pick up after my dog. Part of being a dog owner is being responsible for your dog's waste and people seem to think it is a dog toilet up there. I cannot let my children play on that grass as they'd get covered in dog poo. If I want to take my children to the park I catch a bus out of the area to a park that is cleaner and where people tend to pick up after their dogs.

It would be nice if the council were to put a play area on the concrete up there but I can't see why we should expect any work to be done for our children on that space while some of the residents disrespect it (and their neighbours) so much.

Yours Sincerely, Charlie Johnson

### Complaints to the Council

Graham Jones looked into the issue for the Burngreave Messenger:

In early May the Burngreave Tenants and Residents Association (TARA) complained to the council about the state of Ellesmere Park. There had been a lot of complaints from local people about the rubbish, broken glass and especially dog mess in the park which had deterred local people from using the area.



The council responded quickly and have cleared away the rubbish. In future they will carry out twice weekly checks to ensure the area is free of rubbish. They also have plans to install some signs. Special attention has been paid to clearing the games area.

As regards the dog mess, local dog owners have a responsibility to keep the area clean from dog mess and so to help maintain a healthy safe environment for young people to play in and for all to enjoy. The Council hopes to install a dog waste bin in the near future.

The TARA and Council have both worked hard to brighten up this pleasant green space. There seems to be a vast improvement since the rubbish was cleared and this local park really looks quite pretty now, especially with all the trees in leaf. Let's all work together to ensure it remains so attractive and inviting.

The park is one of Burngreave TARA priorities, if you want to find out more about TARA you can email [burngreavetara@gmail.com](mailto:burngreavetara@gmail.com)

## Wood Hill developments

Story: Graham Jones

**Development at Wood Hill on Grimesthorpe Road has progressed over the past few years. There are two residential homes on the site and a number of private houses. There are still plans to build another residential home and about twenty more houses. However, work on the site has come to a standstill.**

Some local residents have complained about the large hoardings along the street and the general mess in the area of the unfinished site. Smithies Field which adjoins the building site is a designated a Local Nature Site.

Sheffield City Council Planning



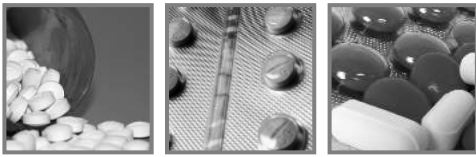
Department are assessing the situation and, if necessary, will consider ways to improve the uncompleted site. A representative from the Planning department said that 'stuck sites' like this are covered by Section 215 of the planning act.

He said they do not have the power to compel the owners to complete the development, but they can ensure that they keep the site tidy. The Council can ask the developers to do the tidying work, and, if they do not do it, the Council can undertake to do the work and then bill the developer.



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