

# Adult Learning

*Your guide to learning opportunities in Burngreave & Fir Vale*

Issue 1  
Spring 2009

## Featuring Courses in:

- **Art, Design & Crafts**
  - **Childcare**
  - **Community Skills**
  - **Cooking**
  - **Computers**
  - **Counselling**
  - **Dance & Music**
  - **Driving Theory**
  - **DIY**
  - **English**
  - **ESOL**
  - **Horticulture**
  - **Internet**
  - **Keep Fit**
  - **Languages**
  - **Maths**
- and many more...**

**Featuring News,  
Updates And  
Inspirational Profiles  
On Local Learners**

**PLUS Over 80 Local Courses Listed Inside!**



**W**elcome to the first edition of the Adult Learning Guide for Burngreave and Fir Vale.



We hope you will find something here to interest, intrigue and, even, inspire you. There are many learning opportunities for adults in the area, so whether you want to boost your employment horizons, learn a new skill or simply want to pursue an interest, there should be something for you.

This booklet has been put together by the Adult Learning Working Group, which is part of the Burngreave Community Action Forum.

The costs of the booklet have been met from the Working Neighbourhoods Fund.

We intend to produce further booklets for the Summer and Autumn Terms. If you have any ideas on how to improve the booklet, or - even better - if you would like to join the writing team, please let us know. We are particularly interested in hearing about the experiences of local learners.

Finally, I would like to thank everybody who has contributed to the production of this booklet.

Mary Blacka

Lifelong Learning & Skills Service  
Sheffield City Council  
Tel. (0114) 266 7503



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# NEXTSTEP

At the Pakistan Advice & Community Association

Free and confidential careers information and support service provided by a careers advisor:

- Help in CV writing
- Interview skills
- One-to-one support
- Help finding a job

**Mondays 10am - 12noon**

Pakistan Advice & Community Association  
127 Page Hall Road, Sheffield S4 8GU  
Tel: (0114) 261 9130  
Email: pacfirvale@aol.com

Please note we have moved to new premises on the site of the former Firth Park Hotel



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**Front Cover:** Cherry Blossoms In Full Bloom At Abbeyfield Park  
Image © Naheem Hanif

### Burngreave Adult Learning Working Group



The Burngreave Adult Learning Working Group (ALWG) is an open group, for anyone who lives and / or works in the area and is interested in adult learning and skills.

The ALWG meets around every six weeks, at the BCAF offices. It provides a lively forum for the exchange of information and ideas.

Over the last year, ALWG has been responsible for:

- The production of this booklet
- Making decisions on how to spend the Burngreave allocation of the Neighbourhood Learning in Deprived Communities grant
- Producing an up-to-date list of ESOL (English for Speakers of Other Languages) classes + English conversation classes
- Consolidating the local Childcare Training Pathway
- Drafting the Burngreave Adult Learning, Skills & Employment Plan

**You are very welcome to join us, particularly if you are a learner. Contact Daniel Stanley at BCAF on (0114) 272 8008 or drop in at 82 Spital Hill, Burngreave, Sheffield S4 7LG.**

**Please note that courses are subject to change without notice. Courses may be changed or even dropped altogether. Always check with the venue first.**

The courses listed in this booklet may not be the only ones offered by the centres so it is worth checking for additional courses. Some courses may be popular and may fill very quickly - it is therefore advisable to check course starting dates and enrolment dates beforehand.

Every effort has been made to ensure the information contained in this booklet is correct at the time of going to print. We cannot be held responsible for changes after print.

# Volunteering opportunities

## *Within the Fir Vale Family of Schools*

**V**olunteering offers valuable work experience, CRB check and references, as well as a gentle way back into the world of work for parents, carers and other members of the local community.

The Fir Vale Family of Schools recognises the significant skills and benefits volunteers can bring to schools and therefore would like to invite volunteers to work within our community of schools.

Volunteering opportunities on offer may include:

- Administration duties
  - General classroom support
  - Supporting individual pupils
  - Playground supervisors
  - Lunchtime supervisors
  - Gardening
  - Help with IT classes
  - Supporting after school clubs
  - Adult learner support (such as conversation clubs)
  - Listening to pupils reading
  - Additional language support
  - Supporting staff on school trips
  - Supporting art projects
  - Helping to develop the school library
  - Customer service
  - Reception duties
- Plus many more...



For more information or if you are interested in training to become a volunteer, please get in touch with Ghassan Dhalai, Volunteer Co-ordinator for the Fir Vale Family of Schools on 07787 814 125 or (0114) 243 9391 / (0114) 284 2030 or Email: [gdhalai@firvale.com](mailto:gdhilai@firvale.com) Ghassan is based at Fir Vale School, Owlter Lane, Sheffield.

## New appointments...

**J**anet Charlton (pictured right) is the Community Learning Co-ordinator for the Parkwood Family of Schools.

Janet's role is to get local people involved in the community. This may include offering local residents access to family learning opportunities, adult learning opportunities or getting them involved in local organisations.

Janet said: "One of my duties is to ensure the local community has a say in local matters."

Janet previously worked as the Family Learning Development worker in Shirecliffe for the last 8 years before taking up the Community Learning Co-ordinator role.

If you would like to speak to Janet, or would like more information on any aspect of the Parkwood Family of Schools, please call her on 07900 052 756 or Email to: [janet\\_charlton@yahoo.co.uk](mailto:janet_charlton@yahoo.co.uk)

Working alongside Janet will be the newly appointed Community Learning Worker, Zabeda Hussain.

Zabeda's role is to encourage adults to become involved in classes to raise their own educational achievement and that of their children. Classes / workshops listed in this booklet will be open to everyone from the local community.

Zabeda has lived in Burngreave for most of her life. After leaving work to concentrate on bringing up her family, she re-educated herself by signing up to adult learning classes and became more involved in the community. She progressed further by doing the



ECDL Computer course and later became a Parent Governor at Fir Vale School which led her to this role.

If you are interested in any of the courses offered by Pye Bank School please contact Zabeda on (0114) 276 0472 or Email her at: [hussainz@pyebank.sheffield.sch.uk](mailto:hussainz@pyebank.sheffield.sch.uk)

# Childcare Training Pathway

**I**t is possible to study childcare, from an introductory level to Level Three (equivalent to GCE Advanced Level) in Burngreave. Courses are delivered at a number of venues, including schools and the Vestry Hall.

- Play to Learn: Learn to Play: This is a course for people with no experience of childcare training. There are no entrance requirements. The course helps learners decide whether a career in childcare is for them and, if so, which type of childcare they wish to work in. It is also very useful for any parent. (6 weeks)
- NCFE Level One (12/14 weeks)
- NCFE Level Two (One year)
- NVQ Level Two (National Vocational Qualification) (One year)
- NVQ Level Three (One year)

Usually learners without previous qualifications will spend a year completing the Play to Learn course and the NCFE Level One, before going on to the NCFE or NVQ Level Two. The NVQ Level Three is the standard qualification for work in childcare.

The Adult Learning Working Group is working to improve the childcare pathway, including the development of a special ESOL (English for Speakers of Other Languages) course for people wanting to study childcare. Learners will need, at least, the equivalent of an Entry Level Three qualification in English, to access the Level Two childcare courses.

An information and assessment day, for anyone wanting to start courses in childcare, in Burngreave, at any level, will be held in early Summer. There will be more details about the information and assessment day and about childcare courses, in general, in the next issue of the courses booklet.

**For more information on the childcare pathway, please contact Rashida Hassanali, on (0114) 284 2030 or Mary Blacka on (0114) 266 7503.**



## Lifelong Learning & Skills Service (Sheffield City Council)

**T**he Lifelong Learning & Skills Service (LLSS) was formed in 2007, by the merger of the Employment Unit and the Adult & Community Learning Unit. LLSS provides a lot of opportunities for people in the Burngreave area.

### Apprenticeships for All (A4A)

Offers a wide range of training and employment opportunities for residents of the Burngreave New Deal area, who are over 16 and looking for work. Individuals are provided with a complete package of training and employment support. Language support, Maths and English training and childcare are provided, if needed. A4A is based at Forum House, on Spital Hall. For more information contact (0114) 272 2743.

### Family Learning

Family Learning courses may be for parents and carers only, or for children, parents and carers. A Family Learning course is often seen as the best way to return to learning. Most Family Learning is offered in schools, children's centres and similar settings. All Family Learning courses are free. For more information contact the Family Learning Team on (0114) 266 7503.

### Community Programmes

The Community Team provides courses for people, aged 19+, in community venues, including schools and faith centres. Courses on offer include: ICT, Skills for Life (English - including English for Speakers of other languages and Maths) and learning through leisure. There is a small charge for some courses. For more information contact the Community Team on (0114) 266 7503.

### LLSS Centres

LLSS has a number of training centres across Sheffield, offering a wide range of opportunities. The current NVQ Level Two and Three courses in Childcare, at the Vestry Hall and the Yemeni Community Centre, are delivered from the LLSS Sheaf Training Site, on Norwood Road. For more information, or to request a copy of the full LLSS prospectus, email to: [lifelonglearningandskills@sheffield.gov.uk](mailto:lifelonglearningandskills@sheffield.gov.uk)



# Interested In Working For The Police, Fire Or Ambulance Service?

These agencies recruit people from all the communities in South Yorkshire to front line and support services.

*Have you thought of joining them?*

*Do you have up to date knowledge of the requirements to join these services?*

Come along to one of our 2 short training courses that will be held at the Fir Vale Enterprise Centre in January and February 2009. We will prepare and help you to be able to make a decision about employment with all three of these services. For further information about the course or to register your interest please call Louise Hill at Burngreave Opportunities on (0114) 272 6096.



## NHS Careers – Working in Hospitals

The NHS is one of the largest employers in Sheffield and The Northern General Hospital is located in the heart of the Fir Vale Community. The Hospital employs people at all levels including Domestic Services, Catering, Estates, Administration, Management, Laboratory Personnel, Nursing Staff, Doctors and other Health Professionals (Physiotherapist and Occupational Therapist).

*Would you like to join them?*

*Do you know what is required?*

Come along to one of the 3 Health Services information sessions which are going to be held during February and March 2009 (Final dates to be confirmed – look out for posters).



For further information or to register your interest please call Louise Hill at Burngreave Opportunities on (0114) 272 6096

## Burngreave Opportunities

*A one stop shop for Jobs and Training based at Forum House*

- We can teach and advise you on how to make yourself more employable
- We can offer advice by qualified personnel on the qualifications and skills employers, universities, and colleges are looking for, particularly in this challenging job market.
- We can train you in how to produce a high quality CV and Job application
- Learn strong interview skill techniques

This service is free to all residents of the Burngreave Ward

Come and get advice from the team who are trained in these skills and will give you advice based on the best options for you.

**We also offer training courses which include:**

**ESOL into Cleaning** – A short course to increase your knowledge and skills in English whilst learning commercial cleaning terms

**Retail Preparation Training** – A short course that teaches you the retail and customer service skills that employers are looking for. This course usually offers a guaranteed interview

**Uniformed Services** – Learn about the requirements the Police, Fire and Ambulance Service look for in successful candidates

Interested in any of these call the team at Burngreave Opportunities on (0114) 272 6096 to make an appointment to speak to an adviser. Burngreave Opportunities is based at 35 Forum House, Spital Hill, Sheffield S4 7LD.



# Inspired To Learn



**A** adults from a range of backgrounds from the local community recently completed a National Open College Network (NOCN) Word Processing qualification at the Burngreave Vestry Hall.

The course, which is provided and funded by the City Council's Lifelong Learning and Skills Service, runs in 10-week blocks and has approximately 20 hours of learning time. It is suitable for learners of varying experience, from complete beginners to those with more advanced skills.

Tutor Phil Youngman said: *"These types of courses are ideal for adults and parents as you can fit them around your personal circumstances and they are an ideal way to gain additional skills."*

*"The facilities here at the Vestry Hall are fantastic with modern PC's and fully equipped offices – which are good for teaching and good to gain computer skills."*

The course itself is taught on a stage by stage basis with complete beginners learning the very basics of how to create a document, save files and print documents. Those with more advanced skills can learn to create newsletters and scale drawings.

Said Guleid, a 37-year old former factory worker decided to start the course as he found most jobs that he was looking at required the use of computers – a skill that he did not really have. He said: *"Since starting this course, I have not only increased my typing skills and speed but have also developed a better understanding of computers overall."*

Said hopes to progress on to a computer related course at University in the future.

Another Learner, Yegin Gebrekidus, a 27-year old local resident also hopes to continue his studies in computers so he can gain employment in the Information Technology (IT) sector.

However, not all learners are taking the classes to increase their employability. Margaret Betts has completed a number of courses including Word Processing, Presentations, Email and Communication and Desk Top Publishing.

The 59-year old had previously worked in retail and had no experience of using computers before starting her courses. Margaret said: *"I am doing the courses for myself and not to increase my job prospects as I am retiring next year."*

*"I really enjoy learning new skills and developing my abilities, especially in the exciting subject areas around computers. I also think the Vestry Hall is a fantastic learning venue for the local community."*

**The Burngreave Vestry Hall offers a number of adult learning courses including ESOL, Literacy, Numeracy and IT. If you are interested in any of the courses offered at the Vestry Hall, or would like more information, please call Tracey Mckenzie on (0114) 213 3800 or Email to: [tmckenzie@burngreavevestryhall.co.uk](mailto:tmckenzie@burngreavevestryhall.co.uk)**

# New Start For Mr Din

**B**urngreave resident Mohammed Jangeer Din has just completed a two year employment training programme in the construction industry, which he started as a result of support from the *Apprenticeships for All* programme. The 36-year old has now gained employment with a large construction company in Sheffield.

Mohammed had previously worked as a bus driver and an industrial cleaner, but found himself unemployed without the prospects of a job in the near future. During this time Mohammed took part in a short course where he learned bricklaying skills, and discovered that it was an area of work he enjoyed and would like to pursue. However, given his long period of unemployment and lack of qualifications or work experience in the construction industry, it seemed unlikely that he would succeed on his own.

Mohammed had been a regular visitor to Forum House where he was receiving on-going support with looking for employment. He was referred to the *Apprenticeships for All* team where he expressed an interest in working in the construction industry. Following an initial appointment with an advisor, he was supported by *Apprenticeships for All* to apply for the Construction JOBMatch programme and after going through a panel interview, he was successful in gaining a place on the programme.

As a result of being on the programme Mohammed has gained an NVQ level 2 in Maintenance Operation, a level 2 Health and Safety certificate, a CSCS card, pasma certificate for scaffolding and Level 2 National Numeracy and Literacy certificates.

The opportunity presented to Mohammed through the *Apprenticeship for All* programme has really turned his life around, and the positive impact it has had on him is clear for everyone to see. Previously, Mohammed had personal problems and, on top of dealing with being unemployed for such a long time, had resulted in him struggling to cope and looking for ways to get through each day. Since being on the programme Mohammed has now been able to buy his house and he has had two children, for whom he now feels he has the opportunity to provide a better life.



Mohammed said: *"Apprenticeships 4 All is a really good programme, it has given me the chance to learn new skills and get a job, which means I can now provide for my family."*

Mohammed has also found that his relationships with family and friends have improved greatly since being supported onto the programme by *Apprenticeships for All*, and he knows that they are really proud of his achievements. In fact he has said that they all want to put his new skills to good use and frequently ask him to complete jobs for them!

Mohammed is now in full time employment with Wates Living Space, who are a large construction company, working on the Decent Homes project refurbishing council houses in Sheffield.

For the future Mohammed is now working towards an NVQ level 2 in plastering, which is being funded by his employer and will give him yet another skill to add to his growing portfolio.

## *Apprenticeships For All Can Help You Too!*

- Are you currently out of work?
- Do you need help finding a job?
- Are you a lone parent?
- Is English your second language?
- Do you need to gain qualifications or work experience?
- Do you feel you haven't been given a chance?

Whatever is stopping you find work, Apprenticeships for All can help you move forward.

The Apprenticeships for All team focus on removing barriers to employment by offering advice, guidance, job specific training programmes and paid work placements.

If you're over 16, looking for work and live in the Burngreave area and you want to know more, call our friendly team on: (0114) 272 2743 or Email: [admin@apprenticeships4all.org.uk](mailto:admin@apprenticeships4all.org.uk)



The Burngreave Apprenticeships for All programme is managed by Sheffield City Council's Lifelong Learning & Skills Service in partnership with Burngreave New Deal for Communities and the Learning & Skills Council South Yorkshire.



# Course Guide A -Z

## Arts, Design & Crafts

### Paper Crafts

Mondays 6.30pm – 8.30pm  
Starts 12th January 2009 for 10 weeks  
£3 if on benefits, £58 full fee  
A chance to learn a range of paper craft skills in a friendly, informal class. Create a variety of decorative items including cards and gifts.  
Contact Firth Park Community Arts College, Fircroft Avenue, Sheffield, S5 0SD.  
Telephone (0114) 257 4027.

### Crafts For All The Family

Mondays 5pm - 6.30pm  
Starts 12th January 2009 for 10 weeks  
£1 per week  
Have a go at a range of different crafts eg. fabric printing, paper making, lanterns etc. Great chance to spend time as a family. No experience necessary. Contact Firth Park Community Arts College, Fircroft Avenue, Sheffield, S5 0SD.  
Telephone (0114) 257 4027.

### Pottery

Tuesdays 6pm - 7.30pm  
Starts 13th January (ongoing)  
£1 per week  
Making and decorating pottery. You'll be surprised how good your work turns out!  
Contact Firth Park Community Arts College, Fircroft Avenue, Sheffield, S5 0SD.  
Telephone (0114) 257 4027.

### Pottery

Thursdays 7pm – 9pm  
Starts January 2009 for 10 weeks  
Fee: £55 or £50 concession, £3 admin fee  
Starts at all levels working towards producing different styles of pottery.  
Contact: Fir Vale Enterprise Centre, Fir Vale School, Owlter Lane, Sheffield S4 8GB.  
Tel: (0114) 284 2030 or  
Email: jlawson@firvale.com

### Basic Henna Workshop

Mondays 3:15pm to 4:15pm  
On going  
£1 per person  
Learn some basic techniques on how to make henna, make your own henna cone, creating your own designs and much more.  
Please call us before you make your way to this workshop as dates are not confirmed for January yet.  
Please contact Whiteways Junior School, Whiteways Road, Sheffield S4 8EX.  
Tel: (0114) 242 3169 or  
Email: enquiries@whiteways.sheffield.sch.uk

## Sewing

Tuesdays (time TBC)  
Start date not yet confirmed  
Duration: 10 weeks  
Come and learn how to use the sewing machine, tools and techniques, patterns and cutting out fabric, machine stitches, seams and necklines.  
There is a fee for this course. For enrolment you have to call us to book your place.  
Please contact Whiteways Junior School, Whiteways Road, Sheffield S4 8EX.  
Tel: (0114) 242 3169 or  
Email: enquiries@whiteways.sheffield.sch.uk

## Community Skills

### Making A Difference In Your Community - Politics & Public Life

Thursday 1pm – 3pm  
Starts 15th January 2009 for 10 weeks  
Free  
Excellent course to help you get active in your community. Gain confidence, help others and speak out and be heard. Childcare available  
Contact: Fir Vale Enterprise Centre, Fir Vale School, Owlter Lane, Sheffield S4 8GB.  
The WEA is hoping to arrange a trip to London in the Spring, to the Houses of Parliament, for those on this course and the 'Speaking with Confidence - Women's Voices' course. All women in the area are welcome to join.  
Please contact Janet Lawson at Fir Vale Enterprise Centre on (0114) 284 2030  
Email: jlawson@firvale.com or Nicky Reed (WEA) on (0114) 275 2683 for further details or to book your place.

## Child Care

### Play To Learn, Learn To Play

Start date and time: to be confirmed  
Duration: 6 weeks  
Free  
Introductory course for anyone interested in working in childcare or learning about child development.  
Venue: Byron Wood Primary School, Earldom Road, Sheffield S4 7EJ.  
Names being taken. Contact Alexis to sign-up on (0114) 272 3624 or Email: alexis.cowan@byronwood.sheffield.sch.uk



## Positive Parenting

Tuesdays 1pm - 3pm  
Starts 27th January 2009 for 9 weeks (no session during half-term week on 17th February)  
Free  
For parents with children under 5, learn how to bring out the best in your child by listening and understanding, praising and encouraging their efforts!  
Venue: Burngreave Children's Centre, 19 Spital Street, S3 9LB.  
Contact Rifhat on (0114) 252 5220 for more information or visit www.burngreavecc.org

## Positive Parenting

Thursdays 1pm - 3pm  
Starts 29th January 2009 for 9 weeks (No session during half-term week on 19th February)  
Free  
For parents with children under 5, learn how to bring out the best in your child by listening and understanding, praising and encouraging their efforts!  
Venue: Owlterbrook Children's Centre, Owlterbrook School, Wensley Street, S4 8HQ  
Contact Tina on (0114) 252 5220 for more information or visit www.burngreavecc.org

## Helping In Schools (OCN Accredited, Level 1-3)

Thursdays 9am – 3pm  
Starts 26th February 2009 for 10 weeks, plus a 20 hour placement in a local primary school.  
Free  
Fantastic course to discover if you want to work in school or you want to get more experience in child care and development. Placements in schools take place at the same time as the course. All candidates must be CRB checked and school placements arranged before start of course.  
Venue: St Catherine's Primary School, Firshill Crescent, Sheffield S4 7BX.  
Contact Gaby Spinks on (0114) 242 1177 for more information or Email to: gspinks@st-catherines.sheffield.sch.uk

## Computers

### European Computer Driving Licence (ECDL)

Tuesdays 6.30pm – 8.30pm  
Starts 13th January 2009 for 10 weeks  
£3 if on benefits, £58 full fee  
Local bursary may be available to cover fees.  
An accredited course for those who have previous knowledge of computers.  
Contact Firth Park Community Arts College, Fircroft Avenue, Sheffield, S5 0SD.  
Telephone (0114) 257 4027.



## Use Of The Internet

Mondays 6.30pm - 8.30pm  
Starts 12th January 2009 for 10 weeks  
Whole Course Fee: £5 if on benefits, £25 full fee. The course covers the main uses of the internet, including emails, information searches, websites, internet safety etc. Learners will also have the opportunity to gain a Level 1 qualification.  
Contact Firth Park Community Arts College, Fircroft Avenue, Sheffield, S5 0SD.  
Telephone (0114) 257 4027.

## Word Processing Level 1

Tuesdays 6.30pm - 8.30pm  
Starts 13th January 2009 for 10 weeks  
Whole Course Fee: £5 if on benefits, £25 full fee. By the end of the course you should be able to produce documents, alter page layouts, work with tables, clip art and pictures and save and print work. Contact Firth Park Community Arts College, Fircroft Avenue, Sheffield, S5 0SD. Telephone (0114) 257 4027.

## Computers For Beginners

Wednesdays 6.30pm - 8.30pm  
Starts 14th January 2009 for 10 weeks  
Whole Course Fee: £5 if on benefits, £25 full fee. A course for beginners - no experience necessary. Learn the skills to use the computer for basic tasks with the opportunity to gain an entry level qualification for further courses. Contact Firth Park Community Arts College, Fircroft Avenue, Sheffield, S5 0SD. Telephone (0114) 257 4027.

## Information Technology (IT)

Start date: To be confirmed  
Fridays 9am - 11pm for 10 weeks  
£5 if receive state benefit, £25 if not  
Basic IT and word processing level 1 and upwards  
Venue: Byron Wood Primary School, Earldom Road, Sheffield, S4 7EJ.  
For more information, contact Alexis Cowan on (0114) 272 3624 or Email: alexis.cowan@byronwood.sheffield.sch.uk

## Cooking

### Family Cooking

Wednesdays 6pm - 8pm  
Starts 14th January 2009 for 10 weeks  
Free, but you will need to bring your own ingredients.  
Excellent opportunity to spend time as a family learning how to cook a range of delicious dishes.  
Contact Firth Park Community Arts College, Fircroft Avenue, Sheffield, S5 0SD. Telephone (0114) 257 4027.



## Basic Food Hygiene

Starts in February 2009  
Exact start date and day running TBC  
Bookings being taken now for this very useful qualification for anyone with an interest in food - as a business, in the home, as a worker handling food (such as childcare workers or take-away staff). You will gain a recognised certificate in food hygiene. The training will be carried out by the Sheffield City Council. The course will take place over two half days and you MUST be committed to attend both sessions.

A deposit of £10 is required to secure your place.  
Contact: Fir Vale Enterprise Centre, Fir Vale School, Owlter Lane, Sheffield S4 8GB.  
Tel: (0114) 284 2030 or Email: jlawson@firvale.com

## Counselling

### Introduction To Counselling Skills (OCN Level 2)

Tuesdays 6pm - 8.30pm  
Starts 13th January 2009 for 11 weeks (including day session - to be confirmed)  
£3 if on benefits, £85.50 full fee  
Local bursary may be available to cover fees. It is not necessary to have done the Level 1 course, but you should have some experience e.g. in a helping or advice role.  
Contact Firth Park Community Arts College, Fircroft Avenue, Sheffield, S5 0SD.  
Telephone (0114) 257 4027.

## Dance / Music

### Salsa And Latin Dance

Tuesdays 6.30pm - 8.30pm  
Starts 13th January 2009 for 10 weeks  
£3 if on benefits, £58 full fee  
Have fun learning Salsa and other Latin dances such as Samba, Rumba and Cha Cha Cha. Open to all whether you have some experience or just lots of enthusiasm!  
Contact Firth Park Community Arts College, Fircroft Avenue, Sheffield, S5 0SD.  
Telephone (0114) 257 4027.

### Belly Dancing

Mondays 5.30pm - 6.30pm  
Starts 12th January 2009 for 10 weeks  
£1 per week  
Learn this fascinating oriental style of dancing and discover the belly dancer in you! Suitable for complete beginners or those with some experience. Contact Firth Park Community Arts College, Fircroft Avenue, Sheffield, S5 0SD. Telephone (0114) 257 4027.



## Arabic Dancing For Women

Tuesdays 5.30pm - 6.30pm places available  
Ongoing  
£2 per session  
Learn to use your pelvis, hips and stomach muscles and strengthen your back and lower body while having loads of fun!! Suitable for all ages, beginners to advanced.  
Venue: Christ Church Welcome Centre. For more information, contact:  
Firs Hill Community Primary School, Orphanage Road, Sheffield S3 9AX  
Tel: (0114) 242 0109 or Email: khobson@firshill.sheffield.sch.uk

## Making Music On The Keyboards

Mondays 6pm - 8pm  
Starts 12th January 2009 for 10 weeks  
Whole Course Fee: £5 if on benefits, £25 full fee. Have a go at learning to play keyboards. The class is suitable for beginners and also for those with some experience. Keyboards are provided in our excellent music facilities. Contact Firth Park Community Arts College, Fircroft Avenue, Sheffield, S5 0SD. Telephone (0114) 257 4027.

## Making Of Musical Instruments

Thursday 7pm - 9pm  
Starts January 2009 for 10 weeks  
Fee: £55 or £50 concession, £3 admin fee  
A long running course with determined and friendly people who aspire to make their own musical instruments. All welcome.  
Contact: Fir Vale Enterprise Centre, Fir Vale School, Owlter Lane, Sheffield S4 8GB.  
Tel: (0114) 284 2030 or Email: jlawson@firvale.com

## Arabic Dancing - Ladies Only

Mondays 4:25pm to 5:35pm  
On going  
£2 per person  
Come along to our new Belly Dancing Class. Enjoy & learn some Arabic Dance moves. It is fun and a good way to get fit! The class will be taught by an experienced female instructor and the class is suitable for all abilities. Please contact Whiteways Junior School, Whiteways Road, Sheffield S4 8EX.  
Tel: (0114) 242 3169 or Email: enquiries@whiteways.sheffield.sch.uk



## Do It Yourself (DIY)

### DIY Courses For Women

Short courses in DIY and Construction Skills for Women who live in the Burngreave and Fir Vale areas.

Free

Main programme is 2 and a half days a week for unemployed women and lone parents.

Women will have the chance to learn tiling, painting and decorating, plastering, bricklaying, and general DIY skills.

Contact Sarah Eccles or Shabana Bashir at the Women's Construction Centre, 21 Buckenham St, Sheffield S4 7JQ.

Tel: (0114) 273 7046

Email: [wintt.sywdt@btconnect.com](mailto:wintt.sywdt@btconnect.com)

## Driving Theory

### Driving Theory Practice

Tuesdays 1pm – 3pm

Starts 13th January 2009 (10 week Blocks)

Free

Become confident to take the recognised Driving Theory and Hazard Perception tests. Also take the opportunity to take Numeracy & Literacy National Test (Level 1 & 2 free).

Contact: Fir Vale Enterprise Centre, Fir Vale School, Owlter Lane, Sheffield S4 8GB.

Tel: (0114) 284 2030 or Email:

[jlawson@firvale.com](mailto:jlawson@firvale.com)

## English / Literacy

### English Literacy (Level 1 & 2)

Mondays 9.15am – 11.15am

Starts 5th January 2009

Ongoing until June 2009

Free

Childcare available at the Firs Hill Crèche (by arrangement)

For people who have obtained Entry Level 3. More in depth look at different writing styles and studying towards GCSE examination.

Essential for people wanting to start university or a career in childcare.

Venue: St Catherine's Primary School, Firshill Crescent, Sheffield S4 7BX.

Contact Gaby Spinks on (0114) 242 1177 for more information or Email:

[gspinks@st-catherines.sheffield.sch.uk](mailto:gspinks@st-catherines.sheffield.sch.uk)



## English Literacy – Skills For Life

Wednesdays 9.15am – 11.15am

Starts 7th January 2009

Free

Whether its spelling or grammar, punctuation or reading, you can sort it out by coming along to this weekly workshop and working towards your National Test. There is also a progression course to take you on to GCSE English.

Get yourself ready for work by brushing up on your written English skills – very important for filling in forms, writing letters and applying for jobs!

Venue: Firs Hill Community Primary School, Orphanage Road, Sheffield S3 9AX.

Tel: (0114) 242 0109 or E-mail:

[khobson@firshill.sheffield.sch.uk](mailto:khobson@firshill.sheffield.sch.uk)

### Preparation For GCSE – English

Thursdays 4pm - 6pm

Starts January 2009 for 20 weeks

Free as part of WEA Skills for Life programme.

Learn at your own pace in a friendly environment. Take the National Test at Level 2 (equivalent to GCSE A-C) and keep up with your children.

Contact: Fir Vale Enterprise Centre, Fir Vale School, Owlter Lane, Sheffield S4 8GB.

Tel: (0114) 284 2030 or Email:

[jlawson@firvale.com](mailto:jlawson@firvale.com)

## English For Speakers Of Other Languages (ESOL)

### Family ESOL

Mondays 1pm - 3pm

Thursdays 9am -11am

Starts 12th January 2009 for 16 weeks

Free

This course is specifically targeted at parents with EAL needs and their children. Parents will attend an English class on their own and a family learning class (with their child).

Venue: Byron Wood Primary School, Earldom Road, Sheffield, S4 7EJ.

For more information, contact Alexis Cowan on (0114) 272 3624 or Email:

[alexis.cowan@byronwood.sheffield.sch.uk](mailto:alexis.cowan@byronwood.sheffield.sch.uk)

### ESOL Literacy Reading & Writing E1

(Mixed class for men & women)

Monday 9:30am – 11:30am at YCA Yemeni centre

Tuesday 12:00pm – 2:00pm at YCA Yemeni centre

On going

Basic English class to build confidence in Reading & Writing.

There is a waiting list for people who want to attend this course. Please contact Whiteways Junior School, Whiteways Road, Sheffield

S4 8EX. Tel: (0114) 242 3169 or Email:

[enquiries@whiteways.sheffield.sch.uk](mailto:enquiries@whiteways.sheffield.sch.uk)

## ESOL Literacy Reading & Writing E2

(Ladies only)

Monday 9:30am – 11:30am & Wednesday 9:30am -11:30am (at Whiteways Junior School)

On going

Basic English class to build confidence in Reading & Writing (for ladies only).

There is a waiting list for people who want to attend this course. Contact Mrs Blackham at Whiteways Junior School, Whiteways Road, Sheffield S4 8EX. Tel: (0114) 242 3169 or Email: [enquiries@whiteways.sheffield.sch.uk](mailto:enquiries@whiteways.sheffield.sch.uk)

## ESOL Literacy Reading & Writing E3

(Mixed class for men & women)

Tuesdays & Wednesdays 12noon – 2pm At YCA Yemeni centre

On going

Basic English class to build confidence in Reading & Writing.

There is a waiting list for people who want to attend this course. Contact Whiteways Junior School, Whiteways Road, Sheffield S4 8EX.

Tel: (0114) 242 3169 or

Email: [enquiries@whiteways.sheffield.sch.uk](mailto:enquiries@whiteways.sheffield.sch.uk)

## English As A Second Or Other Language

(ESOL) 6 different classes

Various days and times

Ongoing

Free

Two classes per week at different levels from Pre-Entry to Entry Level 3 and beyond.

Meet our tutors for an initial assessment.

Venue: Firs Hill Community Primary School, Orphanage Road, Sheffield S3 9AX.

Tel: (0114) 242 0109 or

Email: [khobson@firshill.sheffield.sch.uk](mailto:khobson@firshill.sheffield.sch.uk)

### Conversation Club 1

Tuesdays 1pm - 3pm

Ongoing

Free

An informal low level beginner's conversation group for people who cannot access ESOL classes due to newly arriving into the country. There is NO childcare for this course.

Venue: Firs Hill Community Primary School, Orphanage Road, Sheffield S3 9AX.

Tel: (0114) 242 0109 or

E-mail: [khobson@firshill.sheffield.sch.uk](mailto:khobson@firshill.sheffield.sch.uk)

### Conversation Club 2

Fridays 11am – 12noon

Ongoing

Free

An informal higher level Entry 3 conversation group for people who cannot access ESOL classes due to newly arriving into the country. Learners have a topic box which they put ideas into and then discuss them each week.

There is NO childcare for this course.

Venue: Firs Hill Community Primary School, Orphanage Road, Sheffield S3 9AX.

Tel: (0114) 242 0109 or

Email: [khobson@firshill.sheffield.sch.uk](mailto:khobson@firshill.sheffield.sch.uk)



## ESOL E1

Mondays & Tuesdays 9am - 11am  
Starts 12th January 2009  
Ongoing  
Fee TBC (free if on benefits)  
English at entry level 1 for beginners  
Learners will be expected to attend both classes every week.  
There is a waiting list for this course but please contact Alexis to register on (0114) 272 3624 or Email:  
alexis.cowan@byronwood.sheffield.sch.uk

## ESOL E2

Tuesdays 1pm - 3pm & Thursdays 9am -11am  
Starts 13th January 2009  
Ongoing  
Fee TBC (free if on benefits)  
English at entry level 2.  
Learners will be expected to attend both classes every week.  
For more information, contact Alexis Cowan on (0114) 272 3624 or Email:  
alexis.cowan@byronwood.sheffield.sch.uk

## ESOL - (Pre Entry And Entry 1)

Mondays 6pm - 8pm  
Starts 5th January 2009 for 11 weeks  
Free  
A beginners course for speakers of other languages who want to learn English for everyday use or work.  
Contact Firth Park Community Arts College, Fircroft Avenue, Sheffield, S5 0SD.  
Telephone (0114) 257 4027.

## ESOL - (Entry 2 and 3)

Mondays 6pm - 8pm  
Starts 12th January 2009 for 10 weeks  
Free  
Improve your speaking, listening, reading and writing in this entry level course for people who do not have English as their first language.  
Please note limited places available.  
Contact Firth Park Community Arts College, Fircroft Avenue, Sheffield, S5 0SD.  
Telephone (0114) 257 4027.

## ESOL At Sheffield College

Sheffield College offers ESOL, English Literacy & Numeracy courses. If you are interested please contact Shanaz Mirza or Val Hobson at the Burngreave Vestry Hall on (0114) 272 7129 or The Sheffield College, Fir Vale Centre on (0114) 260 3584 to make an appointment. You can also drop in to either centre.

## ESOL E1 - Level 2

Mondays -Thursdays - times vary depending on levels  
Ongoing  
Course fees depend on income.  
Accredited ESOL classes. Separate classes for men and women. Childcare available.  
Venue: Fir Vale Centre, 2nd Floor, Earl Marshal Road, Sheffield S4 8LA.  
For more information, contact Abtisam Mohammed on (0114) 256 0933 or Email:  
amohammed@ycasheffield.co.uk

## ESOL - (Pre Entry And Entry 1)

Mondays & Tuesdays - times vary  
Ongoing  
Free  
ESOL classes for older people in Burngreave. Separate classes for men and women.  
Venue : 68 Burngreave Road, Sheffield S3 9DD.  
For more information, contact Abtisam Mohammed on (0114) 256 0933 or Email:  
amohammed@ycasheffield.co.uk

## ESOL And Citizenship

Start date and day to be confirmed (10 week course)  
Course fees depend on income.  
Accredited ESOL with citizenship incorporated into the syllabus.  
Venue: Fir Vale Centre, 2nd Floor, Earl Marshal Road, Sheffield S4 8LA.  
For more information, contact Abtisam Mohammed on (0114) 256 0933 or Email:  
amohammed@ycasheffield.co.uk

## ESOL

Tuesdays 9.15am - 11.15am  
Ongoing  
Accredited at Entry Level 1 & 2  
Childcare available  
Venue: Pye Bank School, Andover Street, Sheffield S3 9EF.  
Contact: Community Learning Worker Zabeda Hussain on Tel: (0114) 276 0472.

## ESOL

Tuesdays 1pm - 3pm  
Ongoing  
Accredited course from January 2009  
Childcare - Not available  
Venue: Pye Bank School, Andover Street, Sheffield S3 9EF.  
Contact: Community Learning Worker Zabeda Hussain on Tel: (0114) 276 0472.

## ESOL

Wednesdays 9.15am - 11.15am  
Ongoing  
Accredited course from January 2009  
Childcare available  
Venue: Pye Bank School, Andover Street, Sheffield S3 9EF.  
Contact: Community Learning Worker Zabeda Hussain on Tel: (0114) 276 0472.

## ESOL

Thursdays 9.15am - 11.15am  
Ongoing  
Accredited at Entry Level 1 & 2  
Childcare available  
Venue: Pye Bank School, Andover Street, Sheffield S3 9EF.  
Contact: Community Learning Worker Zabeda Hussain on Tel: (0114) 276 0472.

## ESOL

Fridays 9.15am - 11.15am  
Ongoing  
Accredited at Entry Level 1 & 2  
Childcare available  
Venue: Pye Bank School, Andover Street, Sheffield S3 9EF.  
Contact: Community Learning Worker Zabeda Hussain on Tel: (0114) 276 0472.

## Family Learning

### Family Learning KS1 Numeracy (Age 5-7)

Fridays 9.15am -11.15am  
Starts Friday 27th February 2009 for 6 weeks  
Free  
Childcare available at the Firs Hill Crèche (by arrangement)  
A short course for parents and carers who want to support their child in KS1 Numeracy. Learn to understand the power of numbers! Learn how KS1 numeracy is taught in school and learn with practical solutions how to support your child with their Maths.  
Venue: St Catherine's Primary School, Firshill Crescent, Sheffield S4 7BX.  
Contact Gaby Spinks on (0114) 242 1177 for more information or Email:  
gspinks@st-catherines.sheffield.sch.uk

### Helping Your Child With Numeracy In Nursery & Reception

Wednesdays 9.15am – 11.15am  
Starts 7th January 2009 to 11th February 2009 for 6 weeks  
Free  
Help your child at home using games, activities and crafts you can make.  
Simple addition, subtraction, numbers, songs, rhymes and shapes are all part of early maths skills.  
For more information, contact: Firs Hill Community Primary School, Orphanage Road, Sheffield S3 9AX. Tel: (0114) 242 0109 or Email: khobson@firshill.sheffield.sch.uk

### English For Speakers Of Other Languages: Conversation Groups

Conversation groups, some with childcare, have been set up in Burngreave, for people who cannot access more formal classes.

BCAF has recently received a grant from the Burngreave Area Panel, to improve

resources, including childcare in the conversation groups.

For a list of the classes and conversation groups, please contact BCAF on (0114) 272 8008 or Mary Blacka on (0114) 266 7503.

## Helping Your Child With Literacy In Nursery & Reception

Wednesdays 9.15am – 11.15am  
Starts 25th February 2009 to 11th April 2009  
(6 weeks)  
Free  
Help your child at home using stories, reading, writing and punctuation.  
Learn what questions to ask when listening to your child read and get the most out of books.  
For more information, contact: Firs Hill Community Primary School, Orphanage Road, Sheffield S3 9AX. Tel: (0114) 242 0109 or Email: khobson@firshill.sheffield.sch.uk

## Family Theatre

Wednesdays 5pm - 7pm  
Starts 14th January 2009 for 10 weeks  
Free  
Join in the fun! Have a go at acting and performing as a family. Have fun getting involved in new productions and make new friends. No experience required.  
Contact Firth Park Community Arts College, Fircroft Avenue, Sheffield, S5 0SD. Telephone (0114) 257 4027.

## Family Learning Using IT

Thursdays 9.15am – 1.15pm  
Starts in February 2009 for 10 weeks  
Date to be confirmed  
Free  
Help your child at home using activities created using basic IT software. Understand what your children learn in school and brush up your own skills to enable you to help them achieve better.  
For more information, contact: Firs Hill Community Primary School, Orphanage Road, Sheffield S3 9AX. Tel: (0114) 242 0109 or Email: khobson@firshill.sheffield.sch.uk

## Babies And Toddlers Love Books

Starts in April 2009 (Day and time to be confirmed)  
Duration 10 weeks  
Free  
Enables parents to feel confident about sharing books with young children and to learn more about nursery rhymes and songs. Includes making a book and reviewing others.  
Venue: St Catherine's Primary School, Firshill Crescent, Sheffield S4 7BX.  
Contact Gaby Spinks on (0114) 242 1177 for more information or Email: gspinks@st-catherines.sheffield.sch.uk

## Count Me In

Starts in June 2009  
(Day and time to be confirmed)  
Duration 10 weeks  
Free  
Follows on from Babies & Toddlers Love Books. This course identifies opportunities for developing an understanding of Maths with very young children through books, rhymes and songs. Includes making a number sack.  
Venue: St Catherine's Primary School, Firshill Crescent, Sheffield S4 7BX.  
Contact Gaby Spinks on (0114) 242 1177 for more information or Email: gspinks@st-catherines.sheffield.sch.uk

## Family Learning KS1 Literacy (Age 5 – 7)

Fridays 9.15am -11.15am  
Starts 9th January 2009 for 6 weeks  
Free  
Childcare available at the Firs Hill Crèche (by arrangement)  
A short course for parents and carers who want to support their child in KS1 Literacy (Reading & Writing). Learn to understand the skills and processes it takes to write a good story, looking at different story books and making a story box to take home.  
Venue: St Catherine's Primary School, Firshill Crescent, Sheffield S4 7BX.  
Contact Gaby Spinks on (0114) 242 1177 for more information or Email: gspinks@st-catherines.sheffield.sch.uk

## Horticulture / Conservation

### Land-based Operations (NVQ Level 1)

Wednesdays & Thursdays 9am - 4.30pm  
38-week course  
Free Course  
Help may be available with travel expenses & childcare costs (if in receipt of benefits). Pick up available on Carlisle St East.  
Learn practical conservation skills in the Peak District National Park, activities include dry-stone walling, fencing, Hedge laying, tree felling & planting.  
Venue: BTCV, Bessemer House, 59 Carlisle St East, Sheffield S4 7QN.  
Tel: (0114) 290 1270 or Email: J.Scurfield@btcv.org.uk

### Environmental Conservation (NVQ Level 2)

Mondays & Tuesdays 9am - 4.30pm  
38-week course  
Free Course  
Help may be available with travel expenses & childcare costs (if in receipt of benefits). Pick up available on Carlisle St East.  
Learn practical conservation skills in the Peak District National Park, activities include habitat management, habitat surveying, fencing, walling, gate & stile construction.  
Venue: BTCV, Bessemer House, 59 Carlisle St East, Sheffield S4 7QN.  
Tel: (0114) 290 1270 or Email: J.Scurfield@btcv.org.uk



## Keep Fit / Health & Well Being

### Keep Fit Session - Ladies Only

Fridays 9:35am -10:35am  
On going  
£1.00 per person per session  
This is an Aerobics class and we do some salsa aerobics at the same time - it's been our most popular class.  
Please contact Whiteways Junior School, Whiteways Road, Sheffield S4 8EX.  
Tel: (0114) 242 3169 or Email: enquiries@whiteways.sheffield.sch.uk

### Exercise To Music

Mondays 6pm - 7pm  
Starts 12th January 2009 for 10 weeks  
£1 per week  
Start the New Year with a bit of exercise and have fun at the same time. Suitable for all levels of fitness, so why not give it a try!  
Contact Firth Park Community Arts College, Fircroft Avenue, Sheffield, S5 0SD. Telephone (0114) 257 4027.

### Badminton

Tuesdays 7.30pm - 9pm  
Starts 13th January 2009 (ongoing)  
£1 per week  
Enjoy a game of badminton in a friendly environment. All welcome.  
Contact Firth Park Community Arts College, Fircroft Avenue, Sheffield, S5 0SD. Telephone (0114) 257 4027.

### Yoga

Wednesdays 5pm - 6pm  
Starts 14th January 2009 (ongoing)  
£1 per week  
Learn some good techniques for relaxation and relieving stress - from beginners to advanced.  
Contact Firth Park Community Arts College, Fircroft Avenue, Sheffield, S5 0SD. Telephone (0114) 257 4027.

### Food And Mood Workshop

Wednesdays 6.30pm - 8.30pm  
14th & 21st January 2009 for 2 weeks  
Free  
If you have times when you're feeling low, this is a good opportunity to find out practical ways of improving your mood.  
Contact Firth Park Community Arts College, Fircroft Avenue, Sheffield, S5 0SD. Telephone (0114) 257 4027.

### Active Living Workshop

Wednesdays 6.30pm - 8.30pm  
11th February 2009 for 1 week  
Free  
Looking at the benefits of being physically active and how to become more physically active. Contact Firth Park Community Arts College, Fircroft Avenue, Sheffield, S5 0SD. Telephone (0114) 257 4027.

## Yoga

Fridays 10am – 11.30 am

Ongoing

£1 per session

Stress-busting, relaxing, stretching and toning – get all this and friendly company to set you up for the weekend.

For more information, contact: Firs Hill Community Primary School, Orphanage Road, Sheffield S3 9AX. Tel: (0114) 242 0109 or Email: [khobson@firshill.sheffield.sch.uk](mailto:khobson@firshill.sheffield.sch.uk)

## Yoga

Tuesdays 6.30pm - 8pm

Ongoing

£1 per session

Stress-busting, relaxing, stretching and toning – get all this and friendly company to set you up for the weekend.

Venue: St Catherine's Catholic Primary School.

For more information, contact: Firs Hill Community Primary School, Orphanage Road, Sheffield S3 9AX. Tel: (0114) 242 0109 or Email: [khobson@firshill.sheffield.sch.uk](mailto:khobson@firshill.sheffield.sch.uk)

## Aerobics

Wednesdays 6.15pm – 7.15pm

Ongoing

£1 per session

Pump it up and sweat it out with our energetic, fat-burning workout. All ages welcome, including children.

For more information, contact: Firs Hill Community Primary School, Orphanage Road, Sheffield S3 9AX. Tel: (0114) 242 0109 or Email: [khobson@firshill.sheffield.sch.uk](mailto:khobson@firshill.sheffield.sch.uk)

## Meditation Made Easy

Taster session on Thursday 22nd January 2009 between 1pm - 2pm

Free

Meditation is simple and enjoyable to practise. It is taught in a light, informal way showing you how to guide your mind into a natural state of calm. Come and try it out at this free taster session.

Venue: SADACCA 48 Wicker, Sheffield S3 8JB. For further information contact: Juliette Polle Tel: (0114) 230 6781. [www.bkwsu.org/uk/sheffield](http://www.bkwsu.org/uk/sheffield)

## Positive Thinking

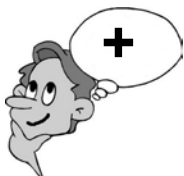
Taster session on Tuesday 20th January 2009 between 1pm - 2pm

Free

Face life's challenges with a more positive outlook and be in control of your own responses. Come and try it out at this free taster session.

Venue: SADACCA, 48 Wicker, Sheffield S3 8JB

For further information contact: Juliette Polle Tel: (0114) 230 6781. [www.bkwsu.org/uk/sheffield](http://www.bkwsu.org/uk/sheffield)



## Languages

### Japanese Language

Thursdays 7pm – 9pm

Starts January 2009 for 10 weeks

Fee: £55 or £50 concession, £3 admin fee

Learn a different language and gain knowledge of Japanese culture.

Contact: Fir Vale Enterprise Centre, Fir Vale School, Owlter Lane, Sheffield S4 8GB.

Tel: (0114) 284 2030 or Email:

[jlawson@firvale.com](mailto:jlawson@firvale.com)

### Basic Arabic

Mondays 6.30pm – 8.30pm

Starts 12th January 2009 for 10 weeks

£3 if on benefits, £58 full fee

Learn simple Arabic in a welcoming and supportive environment.

Contact Firth Park Community Arts College, Fircroft Avenue, Sheffield, S5 0SD.

Telephone (0114) 257 4027.

### Spanish Language And Culture

Wednesdays 6.30pm - 8.30pm

Starts 14th January 2009 for 10 weeks

Course Fees: £5 if on benefits, £25 full fee

Learn Spanish in an informal and friendly class with the emphasis on conversation and Spanish culture. New learners welcome.

To book a place contact Firth Park Community Arts College, Fircroft Avenue, Sheffield, S5 0SD. Telephone (0114) 257 4027.

### Continuing Arabic

Mondays 12.20pm - 2.30pm

Starts 12th January 2009

£58.00 full fee or £3.00 if on benefits

A course for those with some written or spoken Arabic skills and who want to develop their skills further in a friendly informal group. Some of the group have been learning Arabic for the past year or more and we will be working towards taking a GCSE in the subject.

Venue: Fir Vale Enterprise Centre

Please contact Janet Lawson at Fir Vale Enterprise Centre on (0114) 284 2030 or Nicky Reed (WEA) on (0114) 275 2683 for further details or to book your place.

## Maths / Numeracy

### Numeracy (Level 1 & 2)

Tuesdays 9.15am – 11.15am

Starts 6th January 2009

Ongoing until June 2009

Free

Childcare available at the Firs Hill Crèche (by arrangement)

For people who have obtained Entry Level 3, and who want to obtain with OCN Level 1 & 2 or work towards a GCSE examination.

Essential for people wanting to start university or a career in childcare.

Venue: St Catherine's Primary School, Firshill Crescent, Sheffield S4 7BX

Contact Gaby Spinks on (0114) 242 1177

Email: [gspinks@st-catherines.sheffield.sch.uk](mailto:gspinks@st-catherines.sheffield.sch.uk)

## Maths – Skills For Life

Tuesdays 9.15am – 11.15am

Starts 6th January 2009

Free

Brush up your Maths skills and take your National Test at Level 1 or 2.

Friendly, informal class where you can work at your own pace. Make yourself ready for work by getting to grips with the essential numeracy skills needed for most jobs.

Venue: Firs Hill Community Primary School, Orphanage Road, Sheffield S3 9AX.

Tel: (0114) 242 0109 or

Email: [khobson@firshill.sheffield.sch.uk](mailto:khobson@firshill.sheffield.sch.uk)

### Preparation For GCSE Maths

Thursdays 4pm - 6pm

Starts January 2009 for 20 weeks

Free as part of Skills for Life Pathway

Learn at your own pace in a friendly environment. Take the National Test at Level 2 (equivalent to GCSE A-C) and keep up with your children.

Contact: Fir Vale Enterprise Centre, Fir Vale School, Owlter Lane, Sheffield S4 8GB.

Tel: (0114) 284 2030 or

Email: [jlawson@firvale.com](mailto:jlawson@firvale.com)

### Numeracy - Level 1 And 2

Wednesdays 1pm - 3pm

Starts 14th January 2009 for 10 weeks

Free

Improve your Maths for everyday life and help your children with their school work.

You can also gain a national adult numeracy qualification.

Venue: Burngreave Vestry Hall, 2 Burngreave Road, Sheffield S3 9DD.

Contact: Sheena Clarke on (0114) 213 3800

## Office / Admin Skills

### Introduction To Office Skills

Wednesdays 6pm - 8pm

Starts 14th January 2009 for 10 weeks

Free

General introduction to a range of office skills - an opportunity to build up skills, including those looking to take up an office / admin based career.

Contact Firth Park Community Arts College, Fircroft Avenue, Sheffield, S5 0SD. Telephone (0114) 257 4027.

## Sign Language

### Makaton

Mondays 1pm - 3pm

Starts 2nd February 2009 for 8 weeks

Free

An introduction to Makaton (A form of sign language) using basic signs.

Free creche available by arrangement.

Venue: In the Family Learning Room, St Catherine's Primary School, Firshill Crescent, Sheffield S4 7BX.

Contact Gaby Spinks on (0114) 242 1177 for more information or Email:

[gspinks@st-catherines.sheffield.sch.uk](mailto:gspinks@st-catherines.sheffield.sch.uk)

# Women In Non-Traditional Trades

**O**ver the last three years, trades women and students at the Women's Construction Centre in Burngreave, have helped to transform a former derelict building into a thriving training workshop in construction skills for women.

The project, which is based at premises it shares with the Hindu Temple and Cultural Centre on Buckenham Street aims to enable women to develop their skills in non-traditional trades which could then lead to employment. The project also supports women in finding placements, work experience and provides information on further training at colleges.

The centre, which previously lay derelict for 11 years provides introductory training courses in plastering, tiling, bricklaying, electrics, plumbing, dry stone walling, painting, decorating and computer-aided design. The project also delivers DIY courses in community venues across South Yorkshire and provides construction courses for school girls in years 10 and 11 and also holds 'taster' days in schools.

Rima Wadha, (pictured above right) said: "I started on a course at the South Yorkshire Women's Development Trust (SYWDT) and have progressed onto the furniture making course at Sheffield College. As well as learning new skills the course has given me the opportunity to make new friends. It also makes me feel more independent."

Another learner, Donna Frater (pictured right) said: "I really hated school & I didn't think I would ever learn anything again! Since finding out about the Women's Construction Centre I have done DIY, Tiling, Painting & Decorating, Plastering and Electrics classes and I am now doing a Maths class to help me progress in these subjects. I'm really enjoying learning – I never thought I'd hear myself say that!"

If you are interested in any of the services offered by the Women's Construction Centre or would like more information, please call Ros on (0114) 273 7046. All the tutors are qualified women and there is free crèche provision for all daytime classes.

We can offer women from Burngreave and Fir Vale free training on day time courses – call us for more information!



# Women's Voices Are Being Heard

**W**omen from across Fir Vale and Burngreave completed a short WEA (Workers' Educational Association) course entitled 'Women's Voice' at the Fir Vale Enterprise Centre last term. The aim of the course was to empower women so they felt confident in raising issues at home and in the community.

The Fir Vale Enterprise Centre was an ideal, relaxed setting in which women could come together to discuss their concerns or just to meet other women in a friendly environment.

One participant, Mrs Bibi said: "It gave me a feeling of empowerment that our voices and concerns could make a difference. I gained an insight into how I could go about raising concerns about schools as well."

Another participant, Mrs Khan said: "I came because it gave me time out from my usual routine of kids and family pressures. It was nice to meet other people over a cup of tea. Seeing how other people are working and living gave me encouragement to see what I can do in the community."

This may be a springboard to a brighter and better future as some participants went on to other active citizenship courses such as 'Confidence in Public Speaking' and 'Politics and Public Life.'

This free course is running again for women in the area in the New Year. The WEA is hoping to arrange a trip to London, to the Houses



of Parliament, for those on this course and the Politics and Public Life course. All women in the area are welcome to join.

Please contact Janet Lawson at the Fir Vale Enterprise Centre on (0114) 284 2030 or Nicky Reed (WEA) on (0114) 275 2683 for further details or to book your place.

# Improve Your Health ...And The Environment

**T**he British Trust for Conservation Volunteers (BTCV) is a national charity that was set up in 1959 to help with Environmental Conservation.

The local BTCV office is based at Bessemer House on Carlisle Street East, and offers a variety of courses in Environmental Conservation including Land – Based Operations and NVQ Level 2 in Environmental Conservation (See page 12).

The courses feature activities including dry stone walling, fencing, hedge laying, tree planting / felling and habitat management and surveying.

As the training can be physically demanding, students have often remarked on how their fitness levels have improved during their course. The participants also get the opportunity to work in a fantastic environment – the Peak District National Park – which most local residents do not get the chance to experience.

With this programme, as the work is real and hands-on, there is a great sense of achievement as your work has a positive benefit to the environment, you get the opportunity to improve your own health and you can also add some qualifications towards your own personal development.

You can also get the opportunity to travel abroad to take part in Environmental conservation. One of the volunteers, is currently working as a dry stone waller in France and helped to organise a 6 week course in Provence, Southern France for BTCV students in the summer.

So if you are not too keen on running machines or lycra but want to improve your health and well-being whilst helping the environment, then we want to hear from you!



If you would like any further information on BTCV or would like to volunteer, please contact Jessie Scurfield (training officer) on (0114) 290 1270.

## Want To Improve Your Maths?

**T**he Burngreave Vestry Hall will be running a Maths class every Wednesday afternoon from 1pm - 3pm starting from Wednesday 14th January 2009.

Many of the previous learners who joined the course started out thinking that they were no good at Maths. Often they had bad memories of Maths from their school days and thought they would never be able to understand fractions or percentages.

Very quickly they found that the friendly atmosphere in the class helped them to get over their negative feelings about Maths and before long their confidence had grown and they were actually enjoying doing Maths.

Sajida Hussain, who attended the last two terms and is almost ready to do her test to get national numeracy qualification at Level 2 said:

*"I want this qualification so that I can get a job as a teaching assistant. I'm already doing an NVQ in Childcare and will need to have my Level 2 Maths to get my childcare qualification."*

Another learner, Amal Ahmed, achieved her Entry 3 qualification in July and is now studying for a Level 1 qualification. She said:

*"I am really enjoying this course. I learn new things every week and it keeps my brain active. Most importantly the Maths skills I am learning help me to support my children with their Maths homework."*



So, if you would like:

- A national Maths qualification
- To keep up with the Maths your child is doing at school
- To have better Maths skills to keep a track of your money and finances
- Or simply want to improve your Maths just for the enjoyment of working with numbers...then this is the course for you!

**This course is provided and funded by the City Council's Lifelong Learning and Skills Service. For further information, please contact Sheena Clarke at the Burngreave Vestry Hall on (0114) 213 3800.**



ADULT LEARNERS'  
**WEEK**

**9 - 15**  
**MAY**  
**2009**

**Adult**  
**Learners'**  
**Week** Awards  
2009

## Your Chance To Nominate Local Learners

Do you know an individual, group, family or project whose remarkable learning achievements could inspire others?

If so, nominate them for an Adult Learners' Week Award. There are categories for:

- **Individuals** whose remarkable learning achievements inspire others.
- **Groups** of three or more people who have come together to learn for a common purpose.
- **Families** who have come together to learn.
- **Opening Doors Award** which celebrates innovative and creative projects that make a difference.

Everyone nominated will receive a Certificate of Achievement whilst winners will receive a learning voucher and be invited to an awards ceremony during Adult Learners' Week.



Nominations can be made on-line via the Adult Learners' Week website at:  
<http://www.niace.org.uk/alw/nominations/default.htm>

Nomination forms are also available on request on audio tape, in other languages and in other formats.

For further information, please contact the Adult Learners Week Campaigns and Promotions team on (0116) 204 4200 / 1 or Email: [alw@alw.org.uk](mailto:alw@alw.org.uk)

**Closing date is 5.00pm Wednesday 21st January 2009**

# Adult Learning Centre Directory

### Adult & Community Learning Unit

145 Crookesmoor Road, Sheffield S6 3FP  
Tel: (0114) 266 7503

### Apprenticeships For All

Forum House, 35 Spital Hill, Sheffield S4 7LD  
Tel: (0114) 272 2743

### BTCV (Bessemer House)

59 Carlisle St East, Sheffield S4 7QN  
Tel: (0114) 290 1270

### Burngreave Children's Centre (Sure Start)

19 Spital Street, Sheffield S3 9LB  
Tel: (0114) 252 5220

### Burngreave Library

179 Spital Hill, Sheffield S4 7LF  
Tel: (0114) 203 9002

### Burngreave Vestry Hall

2 Burngreave Road, Sheffield S3 9DD  
Tel: (0114) 213 3800

### Byron Wood Primary School

Earldom Road, Sheffield S4 7EJ  
Tel: (0114) 272 3624

### Firs Hill Community Primary School

Orphanage Road, Sheffield S3 9AN  
Tel: (0114) 242 0109

### Firth Park Community Arts College

Fircroft Avenue, Sheffield S5 OSD  
Tel: (0114) 257 4027

### Fir Vale School / Enterprise Centre

Fir Vale School, Owlter Lane, Sheffield S4 8GB  
Tel: (0114) 243 9391

### Owlter Brook School

Wensley Street, Sheffield S4 8HQ  
Tel: (0114) 243 8611

### Pakistan Advice & Community Association

127 Page Hall Road, Sheffield  
Tel: (0114) 261 9130

### Pye Bank Primary School

Andover Street, Sheffield S3 9EF  
Tel: (0114) 276 0472

### Sheffield College (Fir Vale Centre)

Earl Marshal Road, Sheffield S4 8LA  
Tel: (0114) 260 3584

### St Catherine's Primary School

Firhill Crescent, Sheffield S4 7BX.  
Tel: (0114) 242 1177

### Whiteways Junior School

Whiteways Road, Sheffield S4 8EX  
Tel: (0114) 242 3169

### Women's Construction Centre

Buckenham Street, Sheffield S4 7JQ  
Tel: (0114) 273 7046

### Yemeni Community Association (YCA)

1st Floor, Fir Vale Centre, Earl Marshal Road,  
Sheffield. S4 8LA.  
Tel: 0114 256 0933